

WORLD
TAEKWONDO

KUKKIWON
WORLD TAEKWONDO HEADQUARTERS

PATU
PAN AMERICAN TAEKWONDO UNION

FDPTKD

세루

3RD

NOVEMBER
14 - 15
VIDENA

PAN AMERICAN CUP
KUKKIWON

PERU

IPD

KPNP

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PERU
ACTIVA

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SPORADE

Dear Friends of Pan American Taekwondo,

*It is an honor for the Pan American Taekwondo Union to invite you to participate in the **3rd PAN AMERICAN KUKKIWON CUP 2026**, which will take place in Lima - Peru from November 12 to 15 of this year. It is with great pleasure that we will receive all Selected Athletes, Delegates, Coaches, Doctors and other members of your teams in this beautiful city. We would like to welcome you, hoping that your participation will be the best possible. We always try our best to guarantee a high-quality competition for everyone, attempting to provide a great spectacle for our athletes and spectators.*

We hope to receive the best athletes of the continent.

If you require support or have any questions, please do not hesitate to contact us.

We hope to see you here!

Best wishes,

L.A.E. Juan Manuel López Delgado
President of the Pan American Taekwondo Union

1. PROMOTED BY:

Pan American Taekwondo Union (PATU)
President: Lic. Juan Manuel López Delgado
Email: events@panamericantaekwondounion.org
Website: <https://www.patutkd.org>

2. ORGANIZED BY:

Peruvian Taekwondo Sports Federation
President: David Flores Payé
Email: mesadepartes.fdptkd@gmail.com
Website: <https://www.fdptkd.pe>

3. DATE AND VENUE OF THE EVENT:

November 14-15, 2026
Lima - Peru
Venue: Villa Deportiva Nacional (VIDENA)
Av. Del Aire S/n - San Luis, Lima - Peru

4. QUALIFICATION:

a) COMPETITORS

Criterion 1: Hold the nationality of the participating team (passport)

Criterion 2: Be a Taekwondo Black Belt

Criterion 3: Hold a KUKKIWON Dan/Poom certificate (only for black belts)

Criterion 4: Color belts can compete in the corresponding categories

b) COACHES

Criterion 1: All coaches must have completed the PATU 2026 Certification Course

5. RANKING:

Pan American Ranking P8

6. COMPETITION RULES:

The updated WT Rules will be used for Kyorugi, Mixed Team Kyorugi, Recognized Poomsae and Freestyle Poomsae.

KYORUGI

1. AGE CATEGORIES:

CATEGORY	REFERENCE AGE	YEAR OF BIRTH
CHILDREN	8 and 9 years	2017 - 2018
PRE-CADET	10 and 11 years	2015 - 2016
CADET	12 to 14 years	2012 - 2014
JUNIOR	15 to 17 years	2009 - 2011
SENIOR	18 years and older	Born in 2008 or earlier

2. DIVISIONS BY BELT RANK:

DIVISION	RANK – BELT
A	Black Belts
B	3rd Kup to 1st Kup: Advanced Blue, Red and Advanced Red Belts
C	6th Kup to 4th Kup: Green, Advanced Green and Blue Belts

3. COMPETITION CATEGORIES:

- KYORUGI & MIXED TEAM KYORUGI
- RECOGNIZED POOMSAE & FREESTYLE POOMSAE

4. MIXED TEAM KYORUGI

WEIGHT CATEGORIES FOR MIXED TEAM KYORUGI (black belts)

The team will consist of 4 members (2 female and 2 male athletes), who must meet the following weights according to their age:

DIVISION	TOTAL	MALE	FEMALE
CADET	200 kg or less	105 kg max.	95 kg max.
JUNIOR	220 kg or less	115 kg max.	105 kg max.
SENIOR	255 kg or less	135 kg max.	120 kg max.

***Note:** Registration for Mixed Team Kyorugi through www.uptkd.com/es will be done with only one member of the team. The names of the team members will be submitted at the Technical Meeting.

5. INDIVIDUAL KYORUGI

INDIVIDUAL WEIGHT CATEGORIES – CHILDREN & PRE-CADET:

CHILDREN DIVISION (MALE / FEMALE)	
(Born 2017 - 2018)	
Under 21 kg	Not exceeding 21 kg
Under 25 kg	Over 21 kg, not exceeding 25 kg
Under 30 kg	Over 25 kg, not exceeding 30 kg
Under 35 kg	Over 30 kg, not exceeding 35 kg
Over 35 kg	Over 35 kg

PRE-CADET DIVISION (MALE / FEMALE)	
(Born 2015 - 2016)	
Under 30 kg	Not exceeding 30 kg
Under 35 kg	Over 30 kg, not exceeding 35 kg
Under 40 kg	Over 35 kg, not exceeding 40 kg
Under 45 kg	Over 40 kg, not exceeding 45 kg
Over 45 kg	Over 45 kg

CADET DIVISIONS			
Born 2012 - 2014			
MALE DIVISIONS		FEMALE DIVISIONS	
Under 33 kg	Not exceeding 33 kg	Under 29 kg	Not exceeding 29 kg
Under 37 kg	Over 33 kg, not exceeding 37 kg	Under 33 kg	Over 29 kg, not exceeding 33 kg
Under 41 kg	Over 37 kg, not exceeding 41 kg	Under 37 kg	Over 33 kg, not exceeding 37 kg
Under 45 kg	Over 41 kg, not exceeding 45 kg	Under 41 kg	Over 37 kg, not exceeding 41 kg
Under 49 kg	Over 45 kg, not exceeding 49 kg	Under 44 kg	Over 41 kg, not exceeding 44 kg
Under 53 kg	Over 49 kg, not exceeding 53 kg	Under 47 kg	Over 44 kg, not exceeding 47 kg
Under 57 kg	Over 53 kg, not exceeding 57 kg	Under 51 kg	Over 47 kg, not exceeding 51 kg
Under 61 kg	Over 57 kg, not exceeding 61 kg	Under 55 kg	Over 51 kg, not exceeding 55 kg
Under 65 kg	Over 61 kg, not exceeding 65 kg	Under 59 kg	Over 55 kg, not exceeding 59 kg
Over 65 kg	Over 65 kg	Over 59 kg	Over 59 kg

JUNIOR DIVISIONS			
Born 2009 - 2011			
MALE DIVISIONS		FEMALE DIVISIONS	
Under 45 kg	Not exceeding 45 kg	Under 42 kg	Not exceeding 42 kg
Under 48 kg	Over 45 kg, not exceeding 48 kg	Under 44 kg	Over 42 kg, not exceeding 44 kg
Under 51 kg	Over 48 kg, not exceeding 51 kg	Under 46 kg	Over 44 kg, not exceeding 46 kg
Under 55 kg	Over 51 kg, not exceeding 55 kg	Under 49 kg	Over 46 kg, not exceeding 49 kg
Under 59 kg	Over 55 kg, not exceeding 59 kg	Under 52 kg	Over 49 kg, not exceeding 52 kg
Under 63 kg	Over 59 kg, not exceeding 63 kg	Under 55 kg	Over 52 kg, not exceeding 55 kg
Under 68 kg	Over 63 kg, not exceeding 68 kg	Under 59 kg	Over 55 kg, not exceeding 59 kg
Under 73 kg	Over 68 kg, not exceeding 73 kg	Under 63 kg	Over 59 kg, not exceeding 63 kg
Under 78 kg	Over 73 kg, not exceeding 78 kg	Under 68 kg	Over 63 kg, not exceeding 68 kg
Over 78 kg	Over 78 kg	Over 68 kg	Over 68 kg

SENIOR DIVISIONS – Born 2008 or earlier			
MALE DIVISIONS		FEMALE DIVISIONS	
Under 54 kg	Not exceeding 54 kg	Under 46 kg	Not exceeding 46 kg
Under 58 kg	Over 54 kg, not exceeding 58 kg	Under 49 kg	Over 46 kg, not exceeding 49 kg
Under 63 kg	Over 58 kg, not exceeding 63 kg	Under 53 kg	Over 49 kg, not exceeding 53 kg
Under 68 kg	Over 63 kg, not exceeding 68 kg	Under 57 kg	Over 53 kg, not exceeding 57 kg
Under 74 kg	Over 68 kg, not exceeding 74 kg	Under 62 kg	Over 57 kg, not exceeding 62 kg
Under 80 kg	Over 74 kg, not exceeding 80 kg	Under 67 kg	Over 62 kg, not exceeding 67 kg
Under 87 kg	Over 80 kg, not exceeding 87 kg	Under 73 kg	Over 67 kg, not exceeding 73 kg
Over 87 kg	Over 87 kg	Over 73 kg	Over 73 kg

BLACK BELTS: PSS (KPNP 1) will be used.

COLOR BELTS: Conventional body protectors will be used.

RECOGNIZED AND FREESTYLE POOMSAE

- Individual Female Recognized Poomsae
- Individual Male Recognized Poomsae
- Pair Recognized Poomsae
- Team Recognized Poomsae (3 of the same gender)
- Individual Female Freestyle
- Individual Male Freestyle
- Mixed Pair Freestyle
- Mixed Team Freestyle (5)

RECOGNIZED POOMSAE	
COLOR BELTS	TAEGEUK 3, 4, 5, 6, 7, 8
CHILDREN	TAEGEUK 4, 5, 6, 7, 8, KORYO
CADET	TAEGEUK 4, 5, 6, 7, 8, KORYO, KEUMGANG, TAEBAEK
JUNIOR	TAEGEUK 5, 6, 7, 8, KORYO, KEUMGANG, TAEBAEK, PYONGWON
U30	TAEGEUK 7 to JITAE
U40	TAEGEUK 7 to JITAE
U50	TAEGEUK 8 to CHONKWON
U60	KORYO to HANSU
U65	KORYO to HANSU
O65	KORYO to HANSU

FREESTYLE POOMSAE	
U17 O17	INDIVIDUAL (Male and Female)
	MIXED PAIR
	MIXED TEAM (5)

INDIVIDUAL POOMSAE

KUP RANK	BELT COLOR	COMPETITION POOMSAE
8th Kup	Yellow Belt	TAEGEUK 1
7th Kup	Yellow Belt with Green Stripe	TAEGEUK 2
6th Kup	Green Belt	TAEGEUK 3
5th Kup	Green Belt with Blue Stripe	TAEGEUK 4
4th Kup	Blue Belt	TAEGEUK 5
3rd Kup	Blue Belt with Red Stripe	TAEGEUK 6
2nd Kup	Red Belt	TAEGEUK 7
1st Kup	Red Belt with Black Stripe	TAEGEUK 8

1. COMPETITION TIME:

11.1 Kyorugi

Best of 3 Rounds System

Children and Pre-Cadet (1 min per round, with a 1-minute break)

Cadet (1.5 min per round, with a 1-minute break)

Junior (2 min per round, with a 1-minute break)

Senior (2 min per round, with a 1-minute break)

11.2 Poomsae

Recognized Poomsae: 90 seconds maximum

Freestyle Poomsae: 90 – 100 seconds

BREAKING

	CADET	JUNIOR	SENIOR	MASTERS
POWER BREAKING (FIST)			X	X
(SCORED BY THE NUMBER OF BOARDS)				
HIGH JUMP KICK BREAKING	X	X	X	
(SCORED BY THE HEIGHT OF THE BREAK)				
JUMP SPIN KICK BREAKING	X	X	X	
(SCORED BY THE NUMBER OF ROTATIONS IN ONE JUMP BEFORE KICKING: 360°, 540°, 720°, 900°, 1080°) (SIMILAR TO FREESTYLE)				
CREATIVE BREAKING	X	X	X	
(FREESTYLE, SCORED ON VISUAL IMPACT)				

2. AWARDS:

Best Poomsae Athlete (Male and Female, Children, Cadet, Junior and Senior)

Best Kyorugi Athlete (Male and Female, Children, Cadet, Junior and Senior)

Best Poomsae Coach (Male and Female)

Best Kyorugi Coach (Male and Female)

Best Poomsae Referee (Male and Female)

Best Kyorugi Referee (Male and Female)

Best Overall Kyorugi Team (1st, 2nd and 3rd place)

Medals for 1st, 2nd and two 3rd places.

Digital certificate for all participants.

3. CONDITIONS FOR PARTICIPATING TEAMS

- Round-trip airfare, as well as accommodation and meal expenses, will be covered by each participant or their respective MNA.
- Airport/Hotel/Airport transportation will be covered by each participant or their respective MNA.

4. REGISTRATION

- All registrations will be done through the UPTKD platform:
<https://uptkd.com/es>

5. REGISTRATION OF TECHNICAL PERSONNEL

All coaches must be at least 18 years old.

All coaches must have completed the PATU 2026 Certification Course.

REGISTRATION FEES

The registration fee will be paid at the registration and accreditation venue. This payment must be made in **cash**.

ATHLETES

POOMSAE	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	START: SEP 20, 2026	START: OCT 11, 2026	START: NOV 1, 2026
	END: OCT 10, 2026	END: OCT 31, 2026	END: NOV 8, 2026
Category 1 Category 2	US\$100 US\$50	US\$110 US\$55	US\$120 US\$60
Trios Teams (5)	US\$150 US\$250	US\$175 US\$275	US\$200 US\$300

KYORUGI	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	START: SEP 20, 2026	START: OCT 11, 2026	START: NOV 1, 2026
	END: OCT 10, 2026	END: OCT 31, 2026	END: NOV 8, 2026
	US\$100	US\$110	US\$120

PER EVENT	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	START: SEP 20, 2026	START: OCT 11, 2026	START: NOV 1, 2026
	END: OCT 10, 2026	END: OCT 31, 2026	END: NOV 8, 2026
COLOR BELTS	US\$50	US\$60	US\$70

BREAKING	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	START: SEP 20, 2026	START: OCT 11, 2026	START: NOV 1, 2026
	END: OCT 10, 2026	END: OCT 31, 2026	END: NOV 8, 2026
COLOR BELTS AND BLACK BELTS FEE PER EVENT	US\$50	US\$60	US\$70

NOTE: In the breaking event, each participant must bring their own boards. Boards will not be sold at the venue.

COACHES AND ALL TEAM OFFICIALS	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	START: SEP 20, 2026	START: OCT 11, 2026	START: NOV 1, 2026
	END: OCT 10, 2026	END: OCT 31, 2026	END: NOV 8, 2026
	US\$50	US\$55	US\$60

- **TECHNICAL DELEGATE AND COMPETITION SUPERVISORY BOARD (CSB):**
WT/PATU will appoint 1 (one) Technical Delegate and up to 3 (three) members of the Competition Supervisory Board (CSB).
- **TECHNICAL MEETING**
The Technical Meeting will be held 1 (one) day before the start of the competition. See the General Schedule for more details.
- **SCORING SYSTEM**

Poomsae Electronic Scoring System: KPNP

Kyorugi:

- KPNP 1 (black belts)
- Conventional body protectors (color belts)

OVR/IVR Electronic Systems: UPTKD

- **INFORMATION AND SERVICES**

a. Insurance:

- The respective national associations and/or Taekwondo teams must ensure that all officials and participants have medical coverage. For more information and a quote for major medical insurance, write to medimex.internacional@gmail.com
- All participants must sign the liability waiver upon registration.

b. Accommodation:

Please refer to the Accommodation Guide available on the UPTKD platform.

c. International Referees:

- PATU will appoint the Referees, including a Referee Chair.
- The appointed Referees will officiate at the 3rd PAN AMERICAN KUKKI WON CUP 2026, and the following conditions apply:
- Referees must pay for their own round-trip airfare, except for the Referee Chair.
- The Organizing Committee will cover accommodation expenses for up to 4 nights.
 - **Check-in:** from Thursday, November 12, 2026, after 16:00
 - **Check-out:** November 16, 2026, before 11:00
- The Organizing Committee will pay daily allowance to the selected Referees for the competition and training period, based on the guidelines set out in the PATU12 Series regulations.

KUKKIWON CUP LIMA 2026 SCHEDULE

DATE	TIME	ACTIVITY	VENUE
NOV 12	9:00 - 17:00	Athlete Accreditation	VIDENA
NOV 13	8:00 - 12:00	Accreditation (until 12:00)	VIDENA
	15:00 - 18:00	Referees' Meeting	VIDENA
	16:00 - 18:00	Children / Pre-Cadet Weigh-in (Black Belts and Color Belts)	
	18:00 - 20:00	Cadet / Junior / Senior Weigh-in (Color Belts)	
	18:00	Technical Meeting	
NOV 14	9:00 - 14:00	Poomsae Competition (All Ranks)	VIDENA
	10:00 - 12:00	Cadet / Junior Weigh-in (Black Belts)	
	14:00 - 16:00	Senior Weigh-in (Black Belts)	
	15:00 - 18:00	Children / Pre-Cadet / Cadet / Junior and Senior Kyorugi Competition (Color Belts)	
	16:00	Children / Pre-Cadet Kyorugi Competition (Black Belts)	
	18:00 - 19:00	Breaking Competition	
	19:00	Awards Ceremony	
NOV 15	9:00 - 16:00	Cadet / Junior and Senior Kyorugi Competition (Black Belts)	VIDENA
	16:00 - 18:00	Mixed Team Kyorugi Competition	
	18:30	Awards Ceremony	

WAIVER AND RELEASE OF LIABILITY FORM

I, the undersigned, hereby certify that I will hold harmless and release the Pan American Taekwondo Union, the Organizing Committee, and the members of their board of directors, directors, officers, members, employees, consultants, agents and attorneys, from and against any and all damages, injuries, penalties, fines, claims, demands, liabilities, costs, attorneys' fees, court costs and expenses of any kind and nature suffered by or asserted against the Indemnified Parties as a direct or indirect result of participation in the **3rd PAN AMERICAN KUKKI WON CUP 2026**, Lima – Peru, in the broadest sense of the word. By signing and submitting this form, I accept and agree to the terms and covenants contained in this Indemnity, Waiver of Liability, Release and Covenant Not to Sue.

I confirm that, by signing and submitting this form, I have read and agree to all the terms and conditions provided above.

Name: _____

Date: ____/____/2026

Signature: _____

*If the participant is a **minor**, the legal guardian must sign:*

Name: _____

Date: ____/____/2026

Relationship to the minor: _____

Signature: _____