



**AGOSTO
5-7
KYORUGI
POOMSAE**

**WT COLOMBIA OPEN G1
SINCELEJO-SUCRE-COLOMBIA
RANKING OLIMPICO Y MUNDIAL**












Dear Members of the Pan American Taekwondo Family,

The **Pan American Taekwondo Union (PATU)** and the **Colombian Taekwondo Federation** are pleased to invite you to participate in the **WT Colombia Open G1 – Sincelejo, Sucre, Colombia 2026**, to be held from **August 5 to 7, 2026**, at **Las Delicias Coliseum** in Sincelejo, Colombia.

It is our great pleasure to welcome athletes, coaches, team officials, technical officials, medical personnel, and all members of the participating delegations to the city of **Sincelejo**, proudly known as the *Capital of Joy*—a city renowned for its rich cultural heritage, warm hospitality, and passion for sport.

This event provides an excellent opportunity to bring together the Pan American Taekwondo community, strengthen the bonds of friendship among our Member National Associations, and continue promoting the growth and development of Taekwondo throughout the continent.

The Organizing Committee is fully committed to providing the highest standards of organization and ensuring excellent conditions both on and off the Field of Play, delivering a safe, efficient, and memorable experience for all participants.

We sincerely look forward to welcoming you to Colombia for this prestigious World Taekwondo G1 event and to sharing an outstanding international competition with the entire Taekwondo community.

We look forward to welcoming you to Sincelejo!

René Forero Tavera
President
Colombian Taekwondo Federation



ALCALDÍA DE
SINCELEJO

YAHIR ACUÑA
Alcalde de Sincelejo

Sincelejo



**WT COLOMBIA OPEN G1 SINCELEJO SUCRE COLOMBIA
POOMSAE
Sincelejo – Colombia**

1. SANCTIONED BY:

WORLD TAEKWONDO (WT)

President: Dr. Chungwon Choue

Address: Booyoung Taepyung Building 10 th floor

55, Sejong-daero (Taepyung-ro 2ga) Jung-gu Seoul, Republic of Korea, 04513

Telephone: +82.2.556.2505 / FAX: +82.2.553.4728

E-mail: sport@worldtaekwondo.org (Sport Departament)

Website: www.worldtaekwondo.org

2. PROMOTER:

Pan American Taekwondo Unión

President: Lic. Juan Manuel López Delgado

Email: events@panamericantaekwoundounion.org

Sitio Web: <https://www.patutkd.org>

3. ORGANIZING MNA:

Federación Colombiana de Taekwondo

Address: Carrera 30 # 64 -81 Of. 603, Bogotá D.C. Colombia

Telephone: +576013019718

E-mail: tkd_colombia@hotmail.com

Web Site

4. ORGANIZING COMMITTEE:

Colombian Taekwondo Federation

President: Rene Forero Tavera

5. DATE AND VENUE:

Date: August 5 - 2026

Venue: Las Delicias Coliseum, Sincelejo, Sucre-Colombia

Address: Carrera 9 # 32 A - 5 “Las Delicias” Coliseum - Sincelejo.

6. ATHLETE ELEGIBILITY REQUIREMENTS:

In accordance with Article 4 (Qualification of Competitors) of the World Taekwondo Competition Rules, all participants must meet the following eligibility requirements:

1: Athletes must hold a valid passport of the nationality they represent.

- 2: Athletes must hold a valid Taekwondo Black Belt (Dan or Poom).
3. Holder of a valid WT Global Athlete License.
- 4: All coaches must hold a valid WT Level I Coach Certificate. (Includes must hold a valid WT Global Athlete Licence)

7. COMPETITION CATEGORIES AND AGE DIVISIONS

All official Poomsae categories and age divisions established by the World Taekwondo Competition Rules shall apply.

8. RANKING

World Taekwondo G1 World Ranking Points (Senior Division)
Pan American Taekwondo Union (PATU) P1 Ranking Points (Junior and Cadet Divisions)

9. COMPETITION RULES

The latest edition of the World Taekwondo Competition Rules and Interpretation, as amended and effective in 2026, shall govern this competition.

The World Taekwondo Poomsae Ranking Bylaws shall apply.

Seeding shall be conducted for the following divisions: Recognized Poomsae Under 30, Recognized Poomsae Under 40, and Freestyle Poomsae Over 17. No seeding shall be applied to any other Poomsae divisions.

In accordance with the World Taekwondo Competition Rules, competitors may participate in a maximum of two events, whether in Recognized Poomsae and/or Freestyle Poomsae.

If an athlete is registered for more than two events, the athlete shall be randomly removed from the necessary number of events until the maximum limit of two events is met.

10. METHOD OF COMPETITION

The competition shall be conducted in accordance with the World Taekwondo Poomsae Competition Rules.

For Individual, Pair, and Team Recognized Poomsae events, the Side-by-Side Single Elimination Tournament System shall be applied throughout all rounds, including the Final.

For all Freestyle Poomsae events, the competition shall consist of a single Final Round. Final rankings shall be determined based on the scores achieved during the performance.

11. CONTEST TIME:

Individual, Pair, and Team events shall have a maximum performance time of 90 seconds. The waiting time between the first and second Poomsae shall be at least 30 seconds.

For Freestyle Poomsae, Individual, Pair, and Mixed Team events shall have a performance time of a minimum of 90 seconds and a maximum of 100 seconds.

12. AWARDS

- Best Male Coach / Best Female Coach
- Best Male Referee / Best Female Referee
- Best Male Athlete / Best Female Athlete
- Overall Champion Team, Second and Third-Place Team

WILDCARDS:

A Wild Card shall be awarded to all Gold Medalists (1st Place), entitling them to participate in the next Pan American Championship in the corresponding category and age division.

13. EVENTS (Divisions y Ages)

POOMSAE

INDIVIDUAL POOMSAE		
AGE CLASS	AGE DIVISION	BELT COLOR
CADET	12-14 YEARS OLD	BLACK
JUNIOR	15-17 YEARS OLD	BLACK
UNDER 30	18-30 YEARS OLD	BLACK
UNDER 40	31-40 YEARS OLD	BLACK
UNDER 50	41-50 YEARS OLD	BLACK
UNDER 60	51-60 YEARS OLD	BLACK
UNDER 65	61-65 YEARS OLD	BLACK
OVER 65	66 & OLDER	BLACK
OVER 70	71 & OLDER	BLACK

POOMSAE MIXED PAIR (1 MALE - 1 FEMALE)			
CADET (12-14) JUNIOR (15-17) UNDER 30 (18-30) UNDER 60 (31-60) & OVER 60 (61+)			
DIVISION	BELT	RANK	GENDER
CADET	BLACK	1ST – 9TH	MIXED
JUNIOR	BLACK	1ST – 9TH	MIXED
UNDER 30	BLACK	1ST – 9TH	MIXED
UNDER 50	BLACK	1ST – 9TH	MIXED
UNDER 60	BLACK	1ST – 9TH	MIXED
OVER 60	BLACK	1ST – 9TH	MIXED

TEAM POOMSAE (SAME GENDER 3 COMPETITORS)			
CADET (12-14) JUNIOR (15-17) UNDER 30 (18-30) UNDER 60 (31-60) & OVER 60 (61+)			
DIVISION	BELT	RANK	GENDER
CADET	BLACK	1ST – 9TH	MALE
CADET	BLACK	1ST – 9TH	FEMALE
JUNIOR	BLACK	1ST – 9TH	MALE
JUNIOR	BLACK	1ST – 9TH	FEMALE
UNDER 30	BLACK	1ST – 9TH	MALE
UNDER 30	BLACK	1ST – 9TH	FEMALE
UNDER 60	BLACK	1ST – 9TH	MALE
UNDER 60	BLACK	1ST – 9TH	FEMALE
OVER 60	BLACK	1ST – 9TH	MALE
OVER 60	BLACK	1ST – 9TH	FEMALE

INDIVIDUAL FREE STYLE POOMSAE			
12-17 & 18 +			
DIVISION	BELT	RANK	GENDER
12-17	BLACK	1ST – 9TH	MALE
12-17	BLACK	1ST – 9TH	FEMALE
18+	BLACK	1ST – 9TH	MALE
18+	BLACK	1ST – 9TH	FEMALE

FREE STYLE POOMSAE – MIXED PAIR			
12-17 & 18 +			
DIVISION	BELT	RANK	GENDER
12-17	BLACK	1ST – 9TH	MIXED PAIR
18+	BLACK	1ST – 9TH	MIXED PAIR

FREE STYLE POOMSAE TEAMS			
5 ATHLETES MINIMUM 2 MALE AND 2 FEMALE			
DIVISION	BELT	RANK	GENDER
12-17	BLACK	1ST – 9TH	MIXED PAIR
18+	BLACK	1ST – 9TH	MIXED PAIR

COMPULSORY POOMSAES FOR BLACK BELT DIVISIONS	
DIVISIONES INDIVIDUALES	POOMSAE
CADET	Taegeuk: 4, 5, 6, 7 y 8, Koryo, Keumgang, Taebaek
JUNIOR	Taegeuk: 5, 6, 7 y 8, Koryo, Keumgang, Taebaek, Pyongwon
UNDER 30	Taegeuk: 7 y 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae
UNDER 40	
UNDER 50	Taegeuk: 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon
UNDER 60	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansu
UNDER 65	
OVER 65	
OVER 70	
MIXED PAIRS	POOMSAE
CADET	Taegeuk: 4, 5, 6, 7 y 8, Koryo, Keumgang, Taebaek
JUNIOR	Taegeuk: 5, 6, 7 y 8, Koryo, Keumgang, Taebaek, Pyongwon
UNDER 30	Taegeuk: 6, 7 y 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae
UNDER 50	Taegeuk: 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon

UNDER 60	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae,
OVER 60	Cheonkwon, Hansu
TEAMS	POOMSAE
CADET	Taegeuk: 4, 5, 6, 7 y 8, Koryo, Keumgang, Taebaek
JUNIOR	Taegeuk: 5, 6, 7 y 8, Koryo, Keumgang, Taebaek, Pyongwon
UNDER 30	Taegeuk: 6, 7 y 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae
UNDER 50	Taegeuk: 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon
UNDER 60	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae,
OVER 60	Cheonkwon, Hansu

OFFICIAL UNIFORMS/DOBOK:

All athletes must wear a World Taekwondo (WT) and/or Pan American Taekwondo Union (PATU) approved uniform/ dobok for Poomsae Competition.

No unauthorized logos or commercial markings shall be permitted. Only the athlete's country name and markings permitted under the World Taekwondo Uniform Rules may be displayed.

DRESS CODE:

The attire of all coaches shall comply with the World Taekwondo Dress Code. During the Semifinal and Final rounds, coaches are required to wear a jacket (blazer) in accordance with the World Taekwondo Dress Code.

INSURANCES

The respective Member National Associations (MNAs) and/or participating teams shall ensure that all officials and participants are covered by adequate medical insurance.

14. CONDITIONS OF PARTICIPATION

Participants or their respective Member National Associations (MNAs) are responsible for all expenses related to round-trip airfare, accommodation, meals, and local transportation.

The Organizing Committee (OC) shall not be responsible for any incidents, accidents, losses, or other matters occurring outside the official hotel.

15. GLOBAL LICENSE AND ONLINE REGISTRATION:

I. World Taekwondo Global License Registration

All athletes and team officials must hold a valid World Taekwondo Global Athlete License (GAL) or Global Official License (GOL) and be registered through the WT online registration system (Simply Compete).

II. Online Registration

Online registration is only available to holders of a valid WT Global License and is open to all eligible participants. National Team GMS Administrators will be notified by e-mail once online registration is available.

All athletes and team officials must be registered under their respective National Team using the official country name.

16. COACHES REGISTRATION

I. World Taekwondo Global License Registration.

All athletes and team officials must hold a valid World Taekwondo Global Athlete License (GAL) or Global Official License (GOL).

II. World Taekwondo Online Registration (Simply Compete)

All registrations must be completed through the World Taekwondo online registration system (Simply Compete).

III. Coaches

All coaches must be at least 18 years of age.

All coaches must hold a valid World Taekwondo Level I Coach Certificate.

17. ENTRY FEE

- Registration fees must be paid at the Accreditation Desk located at the competition venue. Payment shall be made directly to the Organizing Committee (OC) in U.S. Dollars (USD) only.
- Registration fees are non-refundable.
- Athletes and coaches must provide proof of payment in order to complete accreditation and be eligible to participate.
- The Registration and Accreditation Desk will be located in the Multi-Purpose Room of Las Delicias Coliseum and will operate on the dates and during the hours specified in the Event Schedule.

- On-site registration will not be accepted. All registrations must be completed within the registration period specified below through the World Taekwondo GMS platform (Simply Compete).

KYORUGI	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	Begin 01/jul/26	Begin 13/jul/26	Begin 28/Jul/26
	End 12/jul/26	End 27/jul/26	End 03/Ago./26
Por Evento	US \$100	US \$ 125	US \$150

Coach	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	Begin 01/jul/26	Begin 13/jul/26	Begin 28/Jul/26
	End 12/jul/26	End 27/jul/26	End 03/Ago./26
	US \$100	US \$100	US \$ 125

Trainer	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	Begin 01/jul/26	Begin 13/jul/26	Begin 28/Jul/26
	End 12/jul/26	End 27/jul/26	End 03/Ago./26
	US \$50	US \$50	US \$ 75

Doctor Physiotherapist Head of Team Manager	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	Begin 01/jul/26	Begin 13/jul/26	Begin 28/Jul/26
	End 12/jul/26	End 27/jul/26	End 03/Ago./26
	US \$50	US \$50	US \$50

NOTE: Presidents of Member National Associations (MNAs) are exempt from the registration fee, only if they register under the "MNA President" category during the online registration process.

18. TECHNICAL MEETING

The Head of Team Meeting shall be held one (1) day prior to the start of the competition. Please refer to the General Schedule for further details.

Should there be any changes to the scheduled date, time, or venue, the updated information will be communicated at least 24 hours in advance.

19. INDEMNITIES

- Each participant must be covered by valid medical and travel insurance.

- ii. Participants who do not have adequate insurance coverage shall not be permitted to participate in the competition.
- iii. The Organizing Committee (OC) will obtain Public Liability Insurance for the event.
- iv. All participants must sign the Waiver of Liability upon registration.

20. ACCOMMODATION AND TRANSPORTATION

Official Hotel: To be confirmed.

Detailed accommodation information, including hotel reservations and related arrangements, will be provided in a separate document available through **Simply Compete**.

21. VISA INFORMATION

Visa invitation letters will be issued by the Organizing Committee (OC).

The deadline to request a visa invitation letter is Friday, July 24, 2026, at 20:00 (local time). No visa invitation letters will be issued after this deadline.

To request a visa invitation letter, please send an e-mail to tkd_colombia@hotmail.com with the following documents:

- A copy of your passport, valid for at least six (6) months from the start of the competition; and
- Proof of registration.

21. PRELIMINARY EVENT SCHEDULE (Subject to Change)

Fecha	Horario	Actividad	Sede
04 August	08:00 -17:00	Accreditations	"Las Delicias" Coliseum
	16:00 - 18:00	Referee Meeting	
	18:30	Technical Meeting for Coaches	
05 August	10:00 - 12:00	Weigh In Senior	"Las Delicias" Coliseum
	08:00-18:00	Poomsae Competitions Cadet - Junior – Senior	
	18:00	Poomsae Award Ceremony	
06 August	08:00	Random Weigh In Senior	"Las Delicias" Coliseum
	09:00 - 18:00	Kyorugui Competition Senior	
	10:00 - 12:00	Weigh In Cadet - Junior	
	18:00	Senior Award Ceremony	
07 August	08:00	Random Weigh In Junior	"Las Delicias" Coliseum
	09:00-18:00	Cadet – Junior Competition	
	18:00	Award Ceremony Cadet - Junior	



PERSONAL LIABILITY WAIVER AND RELEASE

I, _____, hereby agree to indemnify, defend, release, and hold harmless the Pan American Taekwondo Union (PATU) and the Organizing Committee (Colombian Taekwondo Federation), including their Board Members, Directors, Officers, Members, employees, volunteers, and representatives, from and against any and all claims, demands, liabilities, damages, injuries, penalties, fines, losses, costs, attorneys' fees, court costs, and expenses of any nature whatsoever arising directly or indirectly out of, or in connection with, my participation in the WT Colombia Open G1 – Sincelejo, Sucre, Colombia 2026.

By signing and submitting this form, I acknowledge that I have read, understood, and voluntarily agree to all of the terms and conditions set forth in this Liability Waiver, Release, Indemnification, and Covenant Not to Sue.

I further certify that I have carefully read this document in its entirety and fully understand its contents before signing it.

Name: _____

Date: ____ / ____ / 2026

Signature: _____

If the participant is under eighteen (18) years of age, this form must be signed by the participant's parent or legal guardian.