



FEDERACIÓN
DEPORTIVA
PERUANA
DE TAEKWONDO



PERU

WOMEN'S

PAN AMERICAN
CHAMPIONSHIP

POUMSŬE
KYORUSŬI

22
JUNE

#TodosSomosPATU #WeAreAllPATU



Dear Friends of the Panamerican Taekwondo

For the Panamerican Taekwondo Union it is an honor to invite you to participate in the **WOMEN PAN AMERICAN CHAMPIONSHIP 2025**, to be held in Lima - Peru on Sunday June 22 of this year. We will gladly receive all the Selected Athletes, Delegates, Coaches, Doctors and other members of your teams to this beautiful city. We would like to welcome you and hope that your participation will be the best possible. We always try to guarantee a high quality competition for everyone, trying to provide a beautiful show for our athletes and spectators.

We look forward to having the best exponents of the continent.
If you need help or have any questions, please do not hesitate to contact us.

We hope to see you there!

Best wishes,

LAE Juan Manuel López Delgado
**Panamerican Taekwondo Union
President**



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1. PROMOTED BY:

Pan American Taekwondo Unión (PATU)
President: Lic. Juan Manuel López Delgado
e-mail: events@panamericantaekwoundounion.org
Website: <https://www.patukd.org>

2. ORGANIZED BY:

Peruvian Taekwondo Federation
President: David Flores Payé
e-mail: mesadepartes.fdptkd@gmail.com
Website: <https://www.fdptkd.pe>

3. DATE & VENUE:

Sunday June 22, 2025.
Lima - Perú
V: Villa Deportiva Nacional (VIDENA)
Av. Del Aire S/n – San Luis Lima Perú

4. QUALIFICATION:

Competitor's Qualification from the WT Competition Rules, the competitor must:

Criteria 1: Nationality holder of the participating team (passport).

Criteria 2: Be Taekwondo Black Belt or colored belts.

5. COACHES

Criteria 1: All coaches must have WT Level 1 or 2 certification, or Pan American Coaching Course (Approved).

6. RANKING:

Panamerican Ranking P8

7. COMPETITION RULES:

According to Current WT Rules & Regulations



8. AGE CATEGORIES:

CATEGORY	AGE	YEAR OF BIRTH
KIDS	8 - 9 y/o	2016 - 2017
PRE CADET	10 - 11 y/o	2014 - 2015
CADET	12 - 14 y/o	2011 - 2013
JUNIOR	15 - 17 y/o	2008 - 2010
SENIOR	FROM 18 y/o and over	Born 2007 or before

9. BELT RANK:

DIVISIÓN	KUP -BELT
A	Black Belts
B	3rd Kup to 1st Kup Advanced Blue, Red and Advanced Red Belts
C	6th Kup to 4th Kup Green Belt, Advanced Green Belt, Blue Belts

10. COMPETITION CATEGORIES

- KYORUGUI & TK3
- POOMSAES & FREESTYLE

10.1 KYORUGUI TK3

WEIGHT CATEGORIES FOR TK3 TEAMS

DIVISION	FEMALE
CADET	150 KG.
JUNIOR	160 KG.
ADULT	180 KG.

10.2 KYORUGUI INDIVIDUAL INDIVIDUAL WEIGHT CATEGORIES KIDS & PRE-CADET:

KIDS DIVISION (FEMALE)	
(Born 2016 - 2017)	
Under 21 Kg.	Not exceeding 21 kg.
Under 25 Kg.	Over 21 not exceeding 25 kg.
Under 30 Kg.	Over 25 not exceeding 30 kg.
Under 35 Kg.	Over 30 not exceeding 35 kg.
Over 35 Kg.	Over 35

PRE CADET DIVISION (FEMALE)	
(Born 2014 – 2015)	
Under 30 Kg.	no exceeding 30 kg.
Under 35 Kg.	Over 30 kg not exceeding 35 kg.
Under 40 Kg.	Over 35 kg not exceeding 40 kg.
Under 45 Kg.	Over 40 kg not exceeding 45 kg.
Over 45 Kg.	Over 45 kg.

CADET DIVISION FEMALE	
Born 2011 - 2013	
Under 29kg	not exceeding 29 kg
Under 33kg	Over 29 kg not exceeding 33 kg
Under 37kg	Over 33 kg not exceeding 37 kg
Under 41kg	Over 37 kg not exceeding 41 kg
Under 44kg	Over 41 kg not exceeding 44 kg
Under 47kg	Over 44 kg not exceeding 47 kg
Under 51kg	Over 47 kg not exceeding 51 kg
Under 55kg	Over 51 kg not exceeding 55 kg
Under 59kg	Over 55 kg not exceeding 59 kg
Over 59kg	Over 59 kg

JUNIOR DIVISION FEMALE	
Born 2008 - 2010	
Under 42kg	Not exceeding 42 kg
Under 44kg	Over 42 kg not exceeding 44 kg
Under 46kg	Over 44 kg not exceeding 46 kg
Under 49kg	Over 46 kg not exceeding 49 kg
Under 52kg	Over 49 kg not exceeding 52 kg
Under 55kg	Over 52 kg not exceeding 55 kg
Under 59kg	Over 55 kg not exceeding 59 kg
Under 63kg	Over 59 kg not exceeding 63 kg
Under 68kg	Over 63 kg not exceeding 68 kg
Over 68kg	Over 68 kg

SENIOR DIVISION FEMALE	
OVER 18 old years	
Under 46kg	Not exceeding 46 kg
Under 49 kg	Over 46 kg not exceeding 49 kg
Under 53 kg	Over 49 not exceeding 53 kg
Under 57 kg	Over 53 kg not exceeding 57 kg
Under 62kg	Over 57 kg not exceeding 62 kg
Under 67 kg	Over 62 kg not exceeding 67 kg
Under 73 kg	Over 67 not exceeding 73 kg
Más de 73 kg	Over 73 kg

BLACK BELTS: Electronic gear (KPNP)

COLORE BELTS: Regular gear.

POOMSAES & FREESTYLE

POOMSAES

- Individual recognized Female Poomsae
- Team recognized poomsae (3 females)
- Individual Freestyle Poomsae

RECOGNIZED POOMSAE	
COLOR BELTS	TAEGUK 3,4,5,6,7,8
KIDS	TAEGUK 4, 5, 6, 7, 8, KORYO
CADETS	TAEGUK 4, 5, 6, 7, 8, KORYO, KEUMGANG, TAEBEK
JUNIORS	TAEGUK 5, 6, 7, 8, KORYO, KEUMGANG, TAEBEK, PYONWON
U30	TAEGUK 7 to JITAE
U40	TAEGUK 7 to JITAE
U50	TAEKUK 8 to CHONKWON
U60	KORYO to HANSU
61-65 Y/O	KORYO to HANSU
OVER 65	KORYO to HANSU

POOMSAE FREESTYLE	
Under 17 Over 17 años	INDIVIDUAL (Female)

INDIVIDUAL POOMSAE

KUP BELTS	BELT COLOR	COMPETITION POOMSAE
8th Kup	Yellow belt	Taeguk 1
7th Kup	Yellow belt green tip	Taeguk 2
6th Kup	Green belt	Taeguk 3
5th Kup	Green belt blue tip	Taeguk 4
4th Kup	Blue Belt	Taeguk 5
3rd Kup	Blue belt red tip	Taeguk 6
2nd Kup	Red belt	Taeguk 7
1st Kup	Red belt black tip	Taeguk 8

11. COMPATITION TIMES:

11.1 Kyorugui

Best of 3 rounds

Kids & Pre Cadet (1 min per Round x 1 min break)

Cadet(1.5 min per Round x 1 min break)

Junior (2 min per Round x 1 min break)

Senior (2 min per Round x 1 minuto break)

11.2 Poomsae

Recognized Poomsae no more than 90 sec.

Freestyle 90 – 100 sec

12. AWARDS:

Best Poomsae Athlete (Female, Kids, Cadet, Junior and Senior)

Best Kyorugui Athlete (Female, Kids, Cadet, Junior and Senior)

Best Poomsae Coach (Female)

Best Kyorugui Coach (Female)

Best Kyorugui Referee (Female)

Best Poomsae Referee (Female)

Top Team (1st, 2nd and 3rd) Kyorugui (overall)

Medals for 1st, 2nd and 3rd place.

Digital Certificate for all participants.

13. CONDITIONS FOR PARTICIPATING TEAMS:

- - Roundtrip airfare, lodging and meals will be paid by the participant or his/her respective MNA.
- - Transportation Airport/Hotel/Airport will be assumed by the participant or his/her respective MNA..

14. REGISTRATION

- All registration shall be made through UPTKD
<https://uptkd.com/es>

15. COACHES REGISTRAION:

All coaches must be at least 18 years old. All must have at least WT Coach Level 1 or PATU Coach Course.

16. REGISTRATION FEES:

The registration fee must be paid at the place of registration and accreditation. This payment must be made in cash.

ATHLETES

POOMSAE	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	Starts: 04/28/ 25 Ends: 05/15/25	Starts: 05/ 16/ 25 Ends: 05/29/ 25	Starts 05/ 30/ 25 Ends: 06/ 18/ 25
Category 1	US \$ 100	US \$ 110	US \$ 120
Category 2	US \$ 50	US \$ 55	US \$ 60
Teams (3)	US\$ 150	US\$ 175	US\$ 200

KYORUGUI	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	Starts: 04/28/ 25 Ends: 05/15/25	Starts: 05/ 16/ 25 Ends: 05/29/ 25	Starts 05/ 30/ 25 Ends: 06/ 18/ 25
	US \$ 100	US \$ 110	US \$ 120

ALL EVENTS	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	Starts: 04/28/ 25	Starts: 05 / 16/ 25	Starts 05 / 30 / 25
	Ends: 05 / 15 / 25	Ends: 05 / 29 / 25	Ends: 06 / 18 / 25
COLOR BELTS	US \$50	US \$ 60	US \$ 70

COACHES	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
	Starts: 04/28/ 25	Starts: 05 / 16/ 25	Starts 05 / 30 / 25
	Ends: 05 / 15 / 25	Ends: 05 / 29 / 25	Ends: 06 / 18 / 25
	US \$50	US \$55	US \$ 60

17. INTERNATIONAL REFEREES:

PATU shall appoint the International and/or Pan American Referees, including the PATU Chief Referee. The appointed International Referees shall be governed by the following conditions:

- - International and/or Pan American Referees must pay their own round-trip airfare.
- - The Organizing Committee will cover the cost of 4 nights lodging and meals for the kyorugui and poomsae competition.

18. TECHNICAL DELEGATE AND COMPETITION SUPERVISING BOARD (CSB):

WT/PATU will appoint 1 (one) technical delegate and up to 3 (three) persons to the Competition Supervisory Board (CSB)..

19. TECHNICAL MEETING:

The Technical Meeting shall be held 1 (one) day before the start of the competitions. See general schedule for details.



20. SCORING SYSTEM :

Electronic System for Poomsae: TO BE ANNOUNCED

Electronic System for Kyorugui:

- ✓ KPNP (black belts)
- ✓ Regular gear (cintas de color)

OVR/IVR: UPTKD

21. INFORMATION & SERVICES:

1. Insurance:

- a) a) The respective national taekwondo associations and/or teams must ensure that all officials and participants have effective medical and travel insurance coverage.
- b) b) All participants must sign the liability waiver upon registration.

2. Hotel:

See the Accommodation Guide available on the UPTKD platform.



Guia de alojamiento PERU 2025



SCHEDULE
(Changes may apply)

DATE	TIME	ACTIVITY	VENUE
June 20th	9:00 -17:00	ACCREDITATIONS FOR COMPETITORS FROM PERU	DOOR 3 VIDENA
June 21st	8:00 - 12:00	ARRIVAL OF DELEGATIONS ACCREDITATIONS	DOOR 3 VIDENA
	11:00 - 13:00	OFFICIAL WEIGH-IN	POLIDEPORTIVO 3 VIDENA
	17:00 - 20:00	REFEREES MEETING	
	19:30	TECHNICAL MEETING	
June 22nd	8:00 - 11:00	POOMSAE COMPETITIONS	POLIDEPORTIVO 3 VIDENA
	10:00 - 19:00	TK3 COMPETITION	
		KYORUGUI COMPETITION	
	19:00	AWARDS	



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LAST UPDATE 5/3/2025



FORMULARIO DE INDEMNIZACIÓN PERSONAL

I, the undersigned, certify that I will hold harmless and release Panamerican Taekwondo and the Organizing Committee, its board members, directors, officers, members, employees, consultants, agents, attorneys, from and against any and all damages, injuries, penalties, fines, claims, demands, demands, liabilities, costs, attorneys' fees, court costs and expenses of every kind and nature suffered by or asserted against the Indemnitee as a direct or indirect result of participation in the **PAN AMERICAN CHAMPIONSHIP WOMEN 2025**, Lima - Peru in the broadest sense of the word. By signing and submitting the following form, I accept and agree to the terms and covenants contained in this Indemnity, Release, Waiver of Liability, Release and Consent Not to Sue. I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

Name: _____

Date: ____/____/2025

Signature: _____

In case the person involved is a minor, the legal guardian must sign:

Name: _____

Date: ____/____/2025

Relationship with the minor: _____

Date: _____



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