







PANAMERICAN CUP

KUKKIWON

PRU

POOMSOE Kyorusui 19 - 21 JUNE







MASTKD



Dear Friends of the PanAmerican Taekwondo



For the Panamerican Taekwondo Union it is an honor to invite you to participate in the 2nd PAN AMERICAN KUKKIWON CUP 2025, to be held in Lima - Peru from June 19 to 21 of this year. We will gladly receive all the Selected Athletes, Delegates, Coaches, Doctors and other members of your teams to this beautiful city. We would like to welcome you and hope that your participation will be the best possible. We always try to guarantee a high quality competition for everyone, trying to provide a beautiful show for our athletes and spectators.

We look forward to having the best exponents of the continent.

If you need help or have any questions, please do not hesitate to contact us.

We hope to see you there!

Best wishes,

LAE Juan Manuel Lopez Delgado PanAmerican Taekwondo Union President









1. PROMOTED BY:

Pan American Taekwondo Unión (PATU) President: Lic. Juan Manuel López Delgado

e-mail: events@panamericantaekwondounion.org

Website: https://www.patutkd.org

2. ORGANIZED BY:

Peruvian Taekwondo Federation President: David Flores Payé

e-mail: mesadepartes.fdptkd@gmail.com

Website: https://www.fdptkd.pe

3. DATE & VENUE::

June 19 -21 st, 2025

Lima - Perú

Venue: Villa Deportiva Nacional (VIDENA) Av. Del Aire S/n – San Luis Lima Perú

4. QUALIFICATION:

Competitor's Qualification from the WT Competition Rules, the competitor must:

Criteria 1: Nationality holder of the participating team (passport).

Criteria 2: Be Taekwondo Black Belt or colored belts.
Criteria 3: Black Belts MUST have Kukkiwon Certificate

Criteria 4: Color Belts have to compete in their designated category

5. COACHES

Criteria 1: All coaches must have WT Level 1 or 2 certification, or Pan American Coaching Course (Approved).

6. AGE CATEGORIES:

KIDS	8 - 9 y/o	2016 - 2017
PRE CADET	10 - 11 y/o	2014 - 2015
CADET	12 - 14 y/o	2011 - 2013
JUNIOR	15 - 17 y/o	2008 – 2010
SENIOR	FROM 18 y/o and	Born 2007 or before
	over	









7. RANKING:

Panamerican Ranking P8

8. COMPETITION RULES:

According to Current WT Rules & Regulations

9. BELT RANK:

DIVISIÓN	KUP –BELT		
BEGINNER	6th Kup to 4th Kup		
DEGINNER	Green Belt, Advanced Green Belt, Blue Belts		
INTERMEDIATE	3rd Kup to 1st Kup		
INTERMEDIATE	Advanced Blue, Red and Advanced Red Belts		
ADVANCED Black Belts			

10. COMPETITION CATEGORIES

- KYORUGUI & TK3
- POOMSAES & FREESTYLE

KYORUGUI TK3

WEIGHT CATEGORIES FOR TK3 TEAMS

DIVISION	FEMALE	
CADET	150 KG.	
JUNIOR	160 KG.	
SENIOR	180 KG.	

KYORUGUI INDIVIDUAL
INDIVIDUAL WEIGHT CATEGORIES
KIDS & PRE-CADET:

KID	S DIVISION (MALE/FEMALE)		
	(8 – 9 Y/O)		
	(Born 2016 - 2017)		
UNDER 21 KG.	Not exceeding 21 kg.		
UNDER - 24 KG.	Over 21 w/o exceeding 24 kg.		
UNDER - 27 KG.	Over 24 w/o exceeding 27 kg.		
UNDER - 30 KG.	Over 27 w/o exceeding 30 kg.		
UNDER - 33 KG.	Over 30 w/o exceeding 33 kg.		
UNDER - 36 KG.	Over 33 w/o exceeding 36 kg.		
OVER 36 KG.	Over 36 kg.		









PRE CADET DIVISION(MALE/FEMALE)			
	(10 – 11 Y/O)		
	(Born 2014 – 2015)		
UNDER - 30 KG.	w/o exceeding 30 kg.		
UNDER - 33 KG.	Over 30 w/o exceeding 33 kg.		
UNDER - 36 KG.	Over 33 w/o exceeding 36 kg.		
UNDER - 39 KG.	Over 36 w/o exceeding 39 kg.		
UNDER - 42 KG.	Over 39 w/o exceeding 42 kg.		
UNDER - 45 KG.	Over 42 w/o exceeding 45 kg.		
OVER 45 KG.	Over 45 kg.		

CADET DIVISION						
	12 a 14 Y/O					
	Born 201	1 -2013				
M	ALE DIVISION	ı	FEMALE DIVISION			
Under 33 kg	w/o excedding 33kg	Under 29kg w/o exceeding 29 kg				
Under 37kg	Over 33 kg w/o excedding 37 kg	Under 33kg	Over 29 kg w/o exceeding 33 kg			
Under 41kg	Over 37 kg w/o excedding 41 kg	Under 37kg	Over 33 kg w/o exceeding 37 kg			
Under 45kg	Over 41 kg w/o excedding 45 kg	Under 41kg	Over 37 kg w/o exceeding 41 kg			
Under 49kg Over 45 kg w/o excedding 49 kg		Under 44kg	Over 41 kg w/o exceeding 44 kg			
Under 53kg	Over 49 kg w/o excedding 53 kg	Under 47kg	Over 44 kg w/o exceeding 47 kg			
Under 57kg	Over 53 kg w/o excedding 57 kg	Under 51kg	Over 47 kg w/o exceeding 51 kg			
Under 61kg	Over 57 w/o excedding 61 kg	Under 55kg	Over 51 kg w/o exceeding 55 kg			
Under 65kg	Over 61 kg w/o excedding 65 kg	Under 59kg	Over 55 kg w/o exceeding 59 kg			
Over 65kg	Over 65 kg	Over 59kg	Over 59 kg			

	JUNIOR D	IVISION			
	15 -17	' y/o			
	Born 200	8 -2010			
MALE	DIVISION	FEM	FEMALE DIVISION		
Under 45kg	w/o exceeding 45kg	Under 42kg w/o exceeding 42 kg			
Under 48kg	Over 45 kg sin exceder 48 kg	Under 44kg	Over 42 kg w/o exceeding 44 kg		
Under 51kg	Over 48 kg sin exceder 51 kg	Under 46kg	Over 44 kg w/o exceeding 46 k		
Under 55kg	Over 51 kg sin exceder 55 kg	Under 49kg	Over 46 kg w/o exceeding 49 k		
Under 59kg	Over 55 kg sin exceder 59 kg	Under 52kg	Over 49 kg w/o exceeding 52 k		
Under 63kg	Over 59 kg sin exceder 63 kg	Under 55kg	Over 52 kg w/o exceeding 55 k		
Under 68kg	Over 63 kg sin exceder 68 kg	Under 59kg	Over 55 kg w/o exceeding 59 k		
Under 73kg	Over 68 kg sin exceder 73 kg	Under 63kg	Over 59 kg w/o exceeding 63 k		
Under 78kg	Over 73 kg sin exceder 78 kg	Under 68kg	Over 63 kg w/o exceeding 68 k		
Over 78kg	Over 78 kg	Over 68kg	Over 68 kg		









SENIOR DIVISION				
MALE DIVISION		FEMALE DIVISION		
Under 54 kg	w/o exceeding 54 kg	Under 46kg w/o exceeding 46 kg		
Under 58 kg	Más de 54 kg w/o exceeding 58 kg	Under 49 kg Over 46 kg w/o exceeding 49 kg		
Under 63kg	Más de 58 kg w/o exceeding 63 kg	g Under 53 kg Over 49 w/o exceeding 53 kg		
Under 68 kg Más de 63 kg w/o exceeding 68 kg		Under 57 kg	Over 53 kg w/o exceeding 57 kg	
Under 74 kg Más de 68 kg w/o exceeding 74 kg		Under 62kg	Over 57 kg w/o exceeding 62 kg	
Under 80 kg	Más de 74 kg w/o exceeding 80 kg	Under 67 kg Over 62 kg w/o exceeding 67 kg		
Under 87 kg	Más de 80 kg w/o exceeding 87 kg	Under 73 kg Over 67 w/o exceeding 73 kg		
Over 87 kg	Más de 87 kg	87 kg Más de 73 kg Over 73 kg		

BLACK BELTS: Electronic gear (KPNP)

COLORE BELTS: Regular gear.

POOMSAE & FREESTYLE POOMSAE

- Female Individual Recognized Poomsae
- Male Individual Recognized Poomsae
- Pair Recognized Poomsae
- Team Recognized Poomsae (3pax same gender)
- Individual Female Freestyle
- Individual Male Freestyle
- Freestyle Mixed Pairs
- Freestyle Mixed Team (5)

	POOMSAE TRADICIONAL		
COLOR BELTS	TAEGUK 3,4,5,6,7,8		
KIDS	TAEGUK 4, 5, 6, 7, 8, KORYO		
CADETS	TAEGUK 4, 5, 6, 7, 8, KORYO, KEUMGANG, TAEBEK		
JUNIORS	TAEGUK 5, 6, 7, 8, KORYO, KEUMGANG, TAEBEK, PYONWON		
U30	TAEGUK 7 to JITAE		
U40	TAEGUK 7 to JITAE		
U50	TAEKUK 8 to CHONKWON		
U60	KORYO to HANSU		
61-65 Y/O	KORYO to HANSU		
OVER 65	KORYO to HANSU		









POOMSAE FREESTYLE		
Under 17	INDIVIDUAL (male 6 female)	
Over 17	MIXED PAIR	
	MIXED TEAM(5)	

INDIVIDUAL POOMSAE

KUP BELTS	BELT COLOR	COMPETITION POOMSAE
8th Kup	Yellow belt	Taeguk 1
7th Kup	Yellow belt green tip	Taeguk 2
6th Kup	Green belt	Taeguk 3
5th Kup	Green belt blue tip	Taeguk 4
4th Kup	Blue Belt	Taeguk 5
3rd Kup	Blue belt red tip	Taeguk 6
2nd Kup	Red belt	Taeguk 7
1st Kup	Red belt black tip	Taeguk 8

11. COMPETITION TIMES:

11.1 Kyorugui

Best of 3 rounds

Kids & Pre Cadet (1 min per Round x 1 min break)

Cadet(1.5 min per Round x 1 min break)

Junior (2 min per Round x 1 min break)

Senior (2 min per Round x 1 minute break)

11.2 Poomsae

Recognized Poomsae no more than 90 sec.

Freestyle 90 - 100 sec









12. BOARD BREAKING

12. BOARD BREAKING				
	CADETS	JUNIOR	ADULTS	MASTERS
BOARD BREAKING WITH FIST				
(SCORED BY NUMBER OF BOARDS)				
HEIGHT BOARD BREAKING				
SCORED BY HOW HIGH THE BREAKING IS)				
,				
GRADIENT KICK BREAKING				
(SCORED BY HOW MANY DEGREES ARE		经 不经济及		
PERFORMED				
BEFORE KICKING 180, 360, 540, 720, 900,				
1080)				
(SIMILAR TO FREESTYLE)				

BOARD BREAKING BY SHOWMANSHIP

(FREESTYLE, SCORED BY SHOWINESS)

This category may have changes.

Technical details and Rules will be published shortly.

13. AWARDS:

Best Poomsae Athlete (Female/Male, Kids, Cadet, Junior and Senior)
Best Kyorugui Athlete (Female/Male, Kids, Cadet, Junior and Senior)
Best Poomsae Coach (Female/Male)
Best Kyorugui Coach (Female/Male)
Best Kyorugui Referee (Female/Male)
Best Poomsae Referee (Female/Male)
Top Team (1st, 2nd and 3rd) Kyorugui (overall)
Medals for 1st, 2nd and 3rd place.

Digital Certificate for all participants.

14. CONDITIONS FOR PARTICIPATING TEAMS:

- Roundtrip airfare, lodging and meals will be paid by the participant or his/her respective MNA.
 - Transportation Airport/Hotel/Airport will be assumed by the participant or his/her respective MNA









15. REGISTRATION

16. All registration shall be made through UPTKD

15 COACHES REGISTRATION:

All coaches must be at least 18 years old. All must have at least WT Coach Level 1 or PATU Coach Course.

16 REGISTRATION FEES:

The registration fee must be paid at the place of registration and accreditation. This payment must be made in cash

ATHLETES

	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
POOMSAE	Starts: 04/ 28 / 25	Starts: 05/09/25	Starts 05/30/25
	Ends: 05/08/25	Ends: 05/29/25	Ends: 06/18/25
Category 1	US \$ 100	US \$ 110	US \$ 120
Category 2	US \$ 50	US \$ 55	US \$ 60
Team	US\$ 150	US\$ 175	US\$ 200
(5)	US\$ 250	US\$ 275	US\$ 300

	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
KYORUGUI	Starts: 04/ 28 / 25	Starts: 05/09/25	Starts 05/30/25
	Ends: 05/08/25	Ends: 05/29/25	Ends: 06/18/25
	US \$ 100	US \$ 110	US \$ 120

	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION	
ALL EVENTS	Starts: 04/ 28 / 25	Starts: 05/09/25	Starts 05/30/25	
	Ends: 05/08/25	Ends: 05/29/25	Ends: 06/18/25	
COLOR BELTS	US \$50	US \$ 60	US \$ 70	









	EARLY REGISTRATION	REGULAR REGISTRATION	LATE REGISTRATION
COACHES	Starts: 04/ 28 / 25	Starts: 05/09/25	Starts 05/30/25
	Ends: 05/08/25	Ends: 05/29/25	Ends: 06/18/25
	US \$50	US \$55	US \$ 60

17 INTERNATIONAL REFEREES:

PATU shall appoint the International and/or Pan American Referees, including the PATU Chief Referee. The appointed International Referees shall be governed by the following conditions:

- International and/or Pan American Referees must pay their own roundtrip airfare.
- The Organizing Committee will cover the cost of 4 nights lodging and meals for the kyorugui and poomsae competition.

18 TECHNICAL DELEGATE AND COMPETITION SUPERVISING BOARD (CSB):

WT/PATU will appoint 1 (one) technical delegate and up to 3 (three) persons to the Competition Supervisory Board (CSB)..

19 TECHNICAL MEETING:

The Technical Meeting shall be held 1 (one) day before the start of the competitions. See general schedule for details.

20. SCORING SYSTEM

Electronic System for Poomsae: TO BE ANNOUNCED

Electronic System for Kyorugui:

✓ KPNP (black belts)

✓ Regular gear (cintas de color)

Electronic System OVR/IVR: UPTKD

CINTURONES NEGROS: se utilizaran petos electrónicos (KPNP)

CINTURONES DE COLORES: Se utilizarán sistema de petos convencionales

BLACK BELTS: electronic gear (KPNP)

COLOR BELTS: regular gear









21. INFORMATION & SERVICES:

1. Insurance:

- a) a) The respective national taekwondo associations and/or teams must ensure that all officials and participants have effective medical and travel insurance coverage.
- b) b) All participants must sign the liability waiver upon registration.

22. Hotel:

See the Accommodation Guide available on the UPTKD platform.









SCHEDULE (changes may apply)

DATE	TIME	ACTIVITY	VENUE	
June 17th	9:00 -17:00	ACCREDITATIONS FOR COMPETITORS FROM PERU	DOOR 3 VIDENA	
June	8:00 -12:00	ARRIVAL OF DELEGATIONS ACCREDITATIONS	DOOR 3 VIDENA	
18th	16:00 -19:00	REFEREES MEETING	POLIDEPORTIVO 3 VIDENA	
	19:00	TECHNICAL MEETING	VIDLINA	
	8:00 - 18:00	POOMSAE COMPETITIONS	POLIDEPORTIVO 3	
June	10:00 - 12:00	weigh-in for kids and pre-cadets		
19th	12:00 -14:00	CADETES WEIGHING	VIDENA	
	18:00	AWARDS		
		TK3 COMPETITION	POLIDEPORTIVO 3	
	8:00 - 18:00	KYORUGI KIDS COMPETITION		
		KYORUGI PRE CADET		
June		COMPETITION		
20th		KYORUGI CADET COMPETITION	VIDENA	
	10:00- 12:00	WEIGHING FOR JUNIORS		
	12:00- 14:00	ADULT WEIGHING		
	18:00	AWARDS		
	07:00	WEIGHING RANDON JUNIOR AND SENIORS		
June 21th	0.00 10.00	KYORUGI YOUTH COMPETITION	POLIDEPORTIVO 3	
		KYORUGI COMPETITION FOR SENIORS	VIDENA	
	18:00	AWARDS		









WAIVER

I, the undersigned, certify that I will hold harmless and release Panamerican Taekwondo and the Organizing Committee, its board members, directors, officers, members, employees, consultants, agents, attorneys, from and against any and all damages, injuries, penalties, fines, claims, demands, demands, liabilities, costs, attorneys' fees, court costs and expenses of every kind and nature suffered by or asserted against the Indemnitee as a direct or indirect result of participation in the **2nd PAN AMERICAN CUP KUKKIWON 2025**, Lima - Peru in the broadest sense of the word. By signing and submitting the following form, I accept and agree to the terms and covenants contained in this Indemnity, Waiver of Liability, Release and Consent Not to Sue. I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above..

Name:
Date://2025
Signature <u>:</u>
In case the person involved is a minor, the legal guardian must sign: Name:
Date:/2025
Relationship with the minor:
Date:





