



FEDERACIÓN DEPORTIVA PERUANA DE TAEKWONDO



CAMPEONATO PANAMERICANO DE LA

# MUJER



PERÚ

POOMSAE  
KYORUSHI

22  
JUNIO



MASTKD



***Dear Friends of the Panamerican Taekwondo***

For the Pan American Taekwondo Union it is an honor to invite you to participate in the WOMEN PAN AMERICAN CHAMPIONSHIP 2025, to be held in Lima - Peru on Sunday June 22 of this year. We will gladly receive all the Selected Athletes, Delegates, Coaches, Doctors and other members of your teams to this beautiful city. We would like to welcome you and hope that your participation will be the best possible. We always try to guarantee a high quality competition for everyone, trying to provide a beautiful show for our athletes and spectators.

We look forward to having the best exponents of the continent.  
If you need help or have any questions, please do not hesitate to contact us.

***We hope to see you there!***

***Best wishes,***

LAE Juan Manuel Lopez Delgado  
**Panamerican Taekwondo Union  
President**



**1. PROMOTED BY:**

Pan American Taekwondo Unión (PATU)  
 President: Lic. Juan Manuel López Delgado  
 e-mail: [events@panamericantaekwoundunion.org](mailto:events@panamericantaekwoundunion.org)  
 Website: <https://www.patukd.org>

**2. ORGANIZED BY:**

Peruvian Taekwondo Federation  
 President: David Flores Payé  
 e-mail: [mesadepartes.fdptkd@gmail.com](mailto:mesadepartes.fdptkd@gmail.com)  
 Website: <https://www.fdptkd.pe>

**3. DATE & VENUE:**

Sunday June 22, 2025.  
 Lima - Perú  
 Venue: Villa Deportiva Nacional (VIDENA)  
 Av. Del Aire S/n – San Luis Lima Perú

**4. QUALIFICATION:**

Competitor's Qualification from the WT Competition Rules, the competitor must:

**Criteria 1:** Nationality holder of the participating team (passport).

**Criteria 2:** Be Taekwondo Black Belt or colored belts.

**5. COACHES**

**Criteria 1:** All coaches must have WT Level 1 or 2 certification, or Pan American Coaching Course (Approved).

**6. AGE CATEGORIES:**

KIDS	8 - 9 y/o	2016 - 2017
PRE CADET	10 - 11 y/o	2014 - 2015
CADET	12 - 14 y/o	2011 - 2013
JUNIOR	15 - 17 y/o	2008 – 2010
SENIOR	FROM 18 y/o and over	Born 2007 or before

**7. RANKING:**

PanAmerican Ranking P8

**8. COMPETITION RULES:**

According to Current WT Rules & Regulations

**9. BELT RANK:**

DIVISIÓN	KUP –BELT
<b>BEGINNER</b>	6th Kup to 4th Kup Green Belt, Advanced Green Belt, Blue Belts
<b>INTERMEDIATE</b>	3rd Kup to 1st Kup Advanced Blue, Red and Advanced Red Belts
<b>ADVANCED</b>	Black Belts

**10. COMPETITION CATEGORIES**

- KYORUGUI & TK3
- POOMSABE & FREESTYLE

**KYORUGUI TK3**

**WEIGHT CATEGORIES FOR TK3 TEAMS**

DIVISION	FEMALE
<b>CADET</b>	<b>150 KG.</b>
<b>JUNIOR</b>	<b>160 KG.</b>
<b>SENIOR</b>	<b>180 KG.</b>

**KYORUGUI INDIVIDUAL**

**INDIVIDUAL WEIGHT CATEGORIES**

**KIDS & PRE-CADET:**

KIDS DIVISION (FEMALE)	
(8 – 9 Y/O)	
(born 2016 - 2017)	
<b>UNDER 21 KG.</b>	Not exceeding 21 kg.
<b>UNDER - 24 KG.</b>	Over 21 w/o exceeding 24 kg.
<b>UNDER - 27 KG.</b>	Over 24 w/o exceeding 27 kg.
<b>UNDER - 30 KG.</b>	Over 27 w/o exceeding 30 kg.
<b>UNDER - 33 KG.</b>	Over 30 w/o exceeding 33 kg.
<b>UNDER - 36 KG.</b>	Over 33 w/o exceeding 36 kg.
<b>OVER 36 KG.</b>	Over 36 kg.

<b>PRE CADET DIVISION</b>	
(10 – 11 Y/O) (Born 2014 – 2015)	
UNDER - 30 KG.	w/o exceeding 30 kg.
UNDER - 33 KG.	Over 30 w/o exceeding 33 kg.
UNDER - 36 KG.	Over 33 w/o exceeding 36 kg.
UNDER - 39 KG.	Over 36 w/o exceeding 39 kg.
UNDER - 42 KG.	Over 39 w/o exceeding 42 kg.
UNDER - 45 KG.	Over 42 w/o exceeding 45 kg.
OVER 45 KG.	Over 45 kg.

<b>CADET DIVISION</b>	
12 – 14 Y/O	
Under 29kg	w/o exceeding 29 kg
Under 33kg	Over 29 kg w/o exceeding 33 kg
Under 37kg	Over 33 kg w/o exceeding 37 kg
Under 41kg	Over 37 kg w/o exceeding 41 kg
Under 44kg	Over 41 kg w/o exceeding 44 kg
Under 47kg	Over 44 kg w/o exceeding 47 kg
Under 51kg	Over 47 kg w/o exceeding 51 kg
Under 55kg	Over 51 kg w/o exceeding 55 kg
Under 59kg	Over 55 kg w/o exceeding 59 kg
Over 59kg	Over 59 kg

<b>JUNIOR DIVISION</b>	
15 – 17 Y/O	
Under 42kg	No exceder 42 kg
Under 44kg	Over 42 kg w/o exceeding 44 kg
Under 46kg	Over 44 kg w/o exceeding 46 kg
Under 49kg	Over 46 kg w/o exceeding 49 kg
Under 52kg	Over 49 kg w/o exceeding 52 kg
Under 55kg	Over 52 kg w/o exceeding 55 kg
Under 59kg	Over 55 kg w/o exceeding 59 kg
Under 63kg	Over 59 kg w/o exceeding 63 kg
Under 68kg	Over 63 kg w/o exceeding 68 kg
Over 68kg	Over 68 kg

SENIOR DIVISION	
OVER 18 YEARS OLD	
<b>Under 46kg</b>	w/o exceeding 46 kg
<b>Under 49 kg</b>	Over 46 kg w/o exceeding 49 kg
<b>Under 53 kg</b>	Over 49 w/o exceeding 53 kg
<b>Under 57 kg</b>	Over 53 kg w/o exceeding 57 kg
<b>Under 62kg</b>	Over 57 kg w/o exceeding 62 kg
<b>Under 67 kg</b>	Over 62 kg w/o exceeding 67 kg
<b>Under 73 kg</b>	Over 67 w/o exceeding 73 kg
<b>Más de 73 kg</b>	Over 73 kg

**BLACK BELTS:** Electronic gear (KPNP)

**COLORE BELTS:** Regular gear.

**POOMSAE & FREESTYLE  
 POOMSAE**

- Individual recognized Female Poomsae
- Team recognized poomsae (3 females)
- Individual Freestyle Poomsae

RECOGNIZED POOMSAE	
<b>COLOR BELTS</b>	TAEGUK 3,4,5,6,7,8
<b>KIDS</b>	TAEGUK 4, 5, 6, 7, 8, KORYO
<b>CADETS</b>	TAEGUK 4, 5, 6, 7, 8, KORYO, KEUMGANG, TAEBEK
<b>JUNIORS</b>	TAEGUK 5, 6, 7, 8, KORYO, KEUMGANG, TAEBEK, PYONWON
<b>U30</b>	TAEGUK 7 to JITAE
<b>U40</b>	TAEGUK 7 to JITAE
<b>U50</b>	TAEKUK 8 to CHONKWON
<b>U60</b>	KORYO to HANSU
<b>61-65 Y/O</b>	KORYO to HANSU
<b>OVER 65</b>	KORYO to HANSU

POOMSAE FREESTYLE	
<b>Under 17</b>  <b>Over 17</b>	INDIVIDUAL (Female)

### INDIVIDUAL POOMSAE

KUP BELTS	BELT COLOR	COMPETITION POOMSAE
8th Kup	Yellow belt	Taeguk 1
7th Kup	Yellow belt green tip	Taeguk 2
6th Kup	Green belt	Taeguk 3
5th Kup	Green belt blue tip	Taeguk 4
4th Kup	Blue Belt	Taeguk 5
3rd Kup	Blue belt red tip	Taeguk 6
2nd Kup	Red belt	Taeguk 7
1st Kup	Red belt black tip	Taeguk 8

### 11. COMPETITION TIMES:

#### 11.1 Kyorugui

Best of 3 rounds

**Kids & Pre Cadet** (1 min per Round x 1 min break)

**Cadet** (1.5 min per Round x 1 min break)

**Junior** (2 min per Round x 1 min break)

**Senior** (2 min per Round x 1 minute break)

#### 10.2 Poomsae

Recognized Poomsae no more than 90 sec.

Freestyle 90 – 100 sec

### 12. AWARDS:

**Best Poomsae Athlete (Female, Kids, Cadet, Junior and Senior)**

**Best Kyorugui Athlete (Female, Kids, Cadet, Junior and Senior)**

**Best Poomsae Coach (Female)**

**Best Kyorugui Coach (Female)**

**Best Kyorugui Referee (Female)**

**Best Poomsae Referee (Female)**

**Top Team (1st, 2nd and 3rd) Kyorugui (overall)**

**Medals for 1st, 2nd and 3rd place.**

**Digital Certificate for all participants..**

### 13. CONDITIONS FOR PARTICIPATING TEAMS:

- - Roundtrip airfare, lodging and meals will be paid by the participant or his/her respective MNA.
- - Transportation Airport/Hotel/Airport will be assumed by the participant or his/her respective MNA..

**14. REGISTRATION**

- All registration shall be made through UPTKD

**15. COACHES REGISTRAION:**

All coaches must be at least 18 years old. All must have at least WT Coach Level 1 or PATU Coach Course.

**16. REGISTRATION FEES:**

The registration fee must be paid at the place of registration and accreditation. This payment must be made in cash.

**ATHLETES**

<b>POOMSAE</b>	<b>EARLY REGISTRATION</b>	<b>REGULAR REGISTRATION</b>	<b>LATE REGISTRATION</b>
	Starts: 04/28/ 25 Ends: 05/08/25	Starts: 05/09/25 Ends: 05/29/25	Starts 05/30/25 Ends: 06/21/25
<b>Category 1</b>	<b>US \$ 100</b>	<b>US \$ 110</b>	<b>US \$ 120</b>
<b>Category 2</b>	<b>US \$ 50</b>	<b>US \$ 55</b>	<b>US \$ 60</b>
<b>Teams (3)</b>	<b>US\$ 150</b>	<b>US\$ 175</b>	<b>US\$ 200</b>

<b>KYORUGUI</b>	<b>EARLY REGISTRATION</b>	<b>REGULAR REGISTRATION</b>	<b>LATE REGISTRATION</b>
	Starts: 04/28/ 25 Ends: 05/08/25	Starts: 05/09/25 Ends: 05/29/25	Starts 05/30/25 Ends: 06/21/25
	<b>US \$ 100</b>	<b>US \$ 110</b>	<b>US \$ 120</b>

<b>ALL EVENTS</b>	<b>EARLY REGISTRATION</b>	<b>REGULAR REGISTRATION</b>	<b>LATE REGISTRATION</b>
	Starts: 04/28/ 25 Ends: 05/08/25	Starts: 05/09/25 Ends: 05/29/25	Starts 05/30/25 Ends: 06/21/25
<b>COLOR BELTS</b>	<b>US \$50</b>	<b>US \$ 60</b>	<b>US \$ 70</b>

<b>COACHES</b>	<b>EARLY REGISTRATION</b>	<b>REGULAR REGISTRATION</b>	<b>LATE REGISTRATION</b>
	Starts: 04/28/ 25 Ends: 05/08/25	Starts: 05/09/25 Ends: 05/29/25	Starts 05/30/25 Ends: 06/21/25
	<b>US \$50</b>	<b>US \$55</b>	<b>US \$ 60</b>





## 17. INTERNATIONAL REFEREES:

PATU shall appoint the International and/or Pan American Referees, including the PATU Chief Referee. The appointed International Referees shall be governed by the following conditions:

- - International and/or Pan American Referees must pay their own round-trip airfare.
- - The Organizing Committee will cover the cost of 4 nights lodging and meals for the kyorugui and poomsae competition.

## 18. TECHNICAL DELEGATE AND COMPETITION SUPERVISING BOARD (CSB):

WT/PATU will appoint 1 (one) technical delegate and up to 3 (three) persons to the Competition Supervisory Board (CSB)..

## 19. TECHNICAL MEETING:

The Technical Meeting shall be held 1 (one) day before the start of the competitions. See general schedule for details.

## 20. SCORING SYSTEM :

**Electronic System for Poomsae: TO BE ANNOUNCED**

**Electronic System for Kyorugui:**

- ✓ KPNP (black belts)
- ✓ Regular gear (cintas de color)

**OVR/IVR: UPTKD**

**BLACK BELTS:** electronic gear (KPNP)

**COLOR BELTS:** regular gear

## 21. INFORMATION & SERVICES:

### 1. Insurance:

- a) a) The respective national taekwondo associations and/or teams must ensure that all officials and participants have effective medical and travel insurance coverage.
- b) b) All participants must sign the liability waiver upon registration.

### 2. Hotel:

See the Accommodation Guide available on the UPTKD platform.





**SCHEDULE**  
(Changes may apply)

DATE	TIME	ACTIVITY	VENUE
June 20th	9:00 - 17:00	ACCREDITATIONS FOR COMPETITORS FROM PERU	DOOR 3 VIDENA
June 21st	8:00 - 12:00	ARRIVAL OF DELEGATIONS ACCREDITATIONS	DOOR 3 VIDENA
	11:00 - 13:00	OFFICIAL WEIGH-IN	POLIDEPORTIVO 3 VIDENA
	17:00 - 20:00	REFEREES MEETING	
	19:30	TECHNICAL MEETING	
June 22nd	8:00 - 11:00	POOMSAE COMPETITIONS	POLIDEPORTIVO 3 VIDENA
	10:00 - 19:00	TK3 COMPETITION	
		KYORUGUI COMPETITION	
	19:00	AWARDS	



FEDERACIÓN  
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## WAIVER

I, the undersigned, certify that I will hold harmless and release Panamerican Taekwondo and the Organizing Committee, its board members, directors, officers, members, employees, consultants, agents, attorneys, from and against any and all damages, injuries, penalties, fines, claims, demands, demands, liabilities, costs, attorneys' fees, court costs and expenses of every kind and nature suffered by or asserted against the Indemnitee as a direct or indirect result of participation in the **PAN AMERICAN CHAMPIONSHIP WOMEN 2025**, Lima - Peru in the broadest sense of the word. By signing and submitting the following form, I accept and agree to the terms and covenants contained in this Indemnity, Release, Waiver of Liability, Release and Consent Not to Sue. I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

Name: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/2025

Signature: \_\_\_\_\_

*In case the person involved is a minor, the legal guardian must sign:*

Name: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/2025

Relationship with the minor: \_\_\_\_\_

Date: \_\_\_\_\_



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