



# CADET - JUNIOR PANAMERICAN CHAMPIONSHIPS

POOMSAE - KYORUGUI

CENTRO DE RAQUETA, PARQUE QUERÉTARO 2000  
MEXICO, JULY 25 - 28, 2024



MASTKD

#TodosSomosPATU #WeAreAllPATU





***Dear Friends of Pan American Taekwondo,***



For the Pan American Taekwondo Union it is an honor to invite you to participate in the PAN AMERICAN CADET AND JUNIOR CHAMPIONSHIP, 2024, to be held in Querétaro, Mexico from July 25 to 28th of this year.

We will gladly welcome all the Selected Athletes, Delegates, Coaches, doctors and other members of the national teams to this beautiful city. We would like to welcome you all, hoping your participation it is the best possible. Always working to create high level competition, in hopes to bring a beautiful show for our athletes and spectators.

We hope to count with the best of the continent.

***If you need help or have any questions, please don't hesitate to contact us.***

We hope to see you soon!

***Best wishes***

**LAE Juan Manuel López Delgado  
Panamerican Taekwondo Union  
PRESIDENT**



**1. Sanctioned by:**

**World Taekwondo (WT)**

**President Dr. Chungwon Choue**

Address: Booyoung Taepyeong Building 10th Floor,  
55, Sejong-daero (Taepyeong-ro 2ga), Jung-gu,  
Seoul, Republic of Korea, 04513

Telephone: +82.2.556.2505 FAX: +82.2.553.4728

e-mail: [sport@worldtaekwondo.org](mailto:sport@worldtaekwondo.org) (Sport Department)

WEB-SITE: <http://www.worldtaekwondo.org/>

**2. Promoted by:**

Pan American Taekwondo Unión (PATU)

President: Lic. Juan Manuel López Delgado

email: [events@panamericantaekwondounion.org](mailto:events@panamericantaekwondounion.org)

Website: <https://www.patutkd.org>

**3. Organized by:**

Pan American Taekwondo Unión (PATU)

President: Lic. Juan Manuel López Delgado

email: [events@panamericantaekwondounion.org](mailto:events@panamericantaekwondounion.org)

Website: <https://www.patutkd.org>

**4. Date & Venue :**

July 25 through 28, 2024.

Querétaro, Qro. México.

Venue: Centro de Raqueta, Parque Querétaro 2000.

**5. Eligibility:**

According to Article 4: Qualification of the Competitor of the WT Competition Rules, the competitor must:

Criteria 1: Nationality of the participating team.

Criteria 2: Be a Taekwondo Black Belt.

Criteria 3: WT 2024 Global Athlete License (GAL)

Criteria 4: As it is a National Team event, registration must be through the MNAs

Criteria 5: Athletes who won Wild Cards in previous events and which apply to this event must make their registrations through the MNAs and/or the [events@panamericantaekwondounion.org](mailto:events@panamericantaekwondounion.org) mail, these being personal and non-transferable

**Coaches**

Criteria 1: All coaches must be certified with WT Level 1 Certification



## 6. Categories & ages:

Cadet: 12 - 14 years old (2010 – 2012)

Junior: 15 - 17 years old (2007 – 2009)

## 7. Ranking:

Panamerican Ranking

## 8. Competition Rules:

WT Rules & Regulation must be applied.

## 9. Competition :

### KYORUGUI / POOMSAES

- One athlete or team per division per country
- Athletes with Wild Cards (personal & non transferable)

### CADETS / JUNIOR KYORUGUI

10 World Weight Categories male

10 World Weight Categories female

### POOMSAE (CADET, JUNIOR)

Female Individual Recognized Poomsae

Male Individual Recognized Poomsae

Pair Recognized Poomsae

Team Recognized Poomsae (3)

Female Individual Freestyle

Male Individual Freestyle

Mixed Pairs Freestyle

Mixed Team Freestyle (5)

## 10. Time:

### Kyorugui

Best of 3 rounds

Junior (2 minute round x 2 or 3 rounds x 1 min. break)

Cadet (1,5 minutes x 2 or 3 rounds x 1 min break)

Times may only be adjusted by the WT TD (Technical Delegate)

### Poomsae

Recognized Poomsae no more than 90 sec,

Freestyle 90 – 100 sec.



## 11. Awards:

- MVP** (Male/female – Cadet & Junior)
- Best coach** (Male / Female)
- Best Kyorugui referee** (Male/Female)
- Best Poomsae referee** (Male/Female)
- Team** (1.°, 2.° y 3.°) Kyorugui (general)

Medals for 1st, 2nd & 3rd place;  
Digital certificates for all participants

## 12. Weight Divisions:

CADETES DIVISION			
MALE DIVISIONS		FEMALE DIVISIONS	
<b>Under 33 kg</b>	Not exceeding 3kg	<b>Under 29kg</b>	Not exceeding 29 kg
<b>Under 37kg</b>	Over 33 kg & not exceeding 37 kg	<b>Under 33kg</b>	Over 29 kg & not exceeding 33 kg
<b>Under 41kg</b>	Over 37 kg & not exceeding 41 kg	<b>Under 37kg</b>	Over 33 kg & not exceeding 37 kg
<b>Under 45kg</b>	Over 41 kg & not exceeding 45 kg	<b>Under 41kg</b>	Over 37 kg & not exceeding 41 kg
<b>Under 49kg</b>	Over 45 kg & not exceeding 49 kg	<b>Under 44kg</b>	Over 41 kg & not exceeding 44 kg
<b>Under 53kg</b>	Over 49 kg & not exceeding 53 kg	<b>Under 47kg</b>	Over 44 kg & not exceeding 47 kg
<b>Under 57kg</b>	Over 53 kg & not exceeding 57 kg	<b>Under 51kg</b>	Over 47 kg & not exceeding 51 kg
<b>Under 61kg</b>	Over 57 kg & not exceeding 61 kg	<b>Under 55kg</b>	Over 51 kg & not exceeding 55 kg
<b>Under 65kg</b>	Over 61 kg & not exceeding 65 kg	<b>Under 59kg</b>	Over 55 kg & not exceeding 59 kg
<b>Over 65kg</b>	Over 65 kg	<b>Over 59kg</b>	Over 59 kg

**THE CADET WEIGHT CATEGORIES CAN BE MODIFIED ACCORDING TO THE RECOMMENDATION OF THE WT BASED ON USING THE CATEGORY SYSTEM THAT WOULD BE USED IN THE CADET WORLD CHAMPIONSHIPS**





JUNIOR DIVISION			
MALE DIVISIONS		FEMALE DIVISIONS	
<b>Under 45kg</b>	Not exceeding 45kg	<b>Under 42kg</b>	Not exceeding 42 kg
<b>Under 48kg</b>	Over 45 kg & not exceeding 48 kg	<b>Under 44kg</b>	Over 42 kg & not exceeding 44 kg
<b>Under 51kg</b>	Over 48 kg & not exceeding 51 kg	<b>Under 46kg</b>	Over 44 kg & not exceeding 46 kg
<b>Under 55kg</b>	Over 51 kg & not exceeding 55 kg	<b>Under 49kg</b>	Over 46 kg & not exceeding 49 kg
<b>Under 59kg</b>	Over 55 kg & not exceeding 59 kg	<b>Under 52kg</b>	Over 49 kg & not exceeding 52 kg
<b>Under 63kg</b>	Over 59 kg & not exceeding 63 kg	<b>Under 55kg</b>	Over 52 kg & not exceeding 55 kg
<b>Under 68kg</b>	Over 63 kg & not exceeding 68 kg	<b>Under 59kg</b>	Over 55 kg & not exceeding 59 kg
<b>Under 73kg</b>	Over 68 kg & not exceeding 73 kg	<b>Under 63kg</b>	Over 59 kg & not exceeding 63 kg
<b>Under 78kg</b>	Over 73 kg & not exceeding 78 kg	<b>Under 68kg</b>	Over 63 kg & not exceeding 68 kg
Over 78kg	Over 78 kg	Over 68kg	Over 68 kg

POOMSAES	
<b>CADET</b>	TAEGUK 4, 5, 6, 7, 8, KORYO, KEUMGANG
<b>JUNIOR</b>	TAEGUK 4, 5, 6, 7, 8, KORYO, KEUMGANG, TAEBEK

### 13. Conditions for Participating Teams:

Round-trip airfare and accommodation, food and transportation expenses must be covered by the participant or his/her NMA. Accommodation will be in designated hotels, and will have internal transportation service.

### 14. GAL Licence & online registration UPTKD:

- I- WT Global License Registration. All athletes (Cadets and Juniors) and team officials must first be registered with a Global Athlete License (GAL) Or an Official Global License (GOL) from WT.
- II- Athletes, Cadets and Juniors: Online registration through **UPTKD**
- III- Registration through the MNA's



### 15. Technical Registration:

- I WT Global License Registration. All team officials must first be registered with a WT Global Official License (GOL).
- II WT Online Registration. UPTKD
- III All technicians must be at least 18 years old.
- IV All technicians must have WT Coach Level 1

### 16. Registration Fees:

The Registration Fee will be made via Transfer or Bank Deposit, to the following PATU account:

**Bank: North Dallas Bank & Trust Co.**

**Account No. 3947389**

**ABA (Routing) 111000960**

**SWIFT: NDATAUS41**

**Address: 3900 Preston Rd. Plano, TX 75093**

Or, there will be the pay on site option. Registered athletes and coaches will not be allowed to participate in the competition without payment. The Organizing Committee has a policy of NO REFUND under any circumstances.

## ATHLETES

POOMSAE	EARLY REGISTRATION	REGULAR ENTRY	LATE REGISTRATION	ON SITE REGISTRATION
	Start: 10 / 03 / 24	Start: 01 / 05 / 24	Start: 01 / 07 / 24	At registration SITE only
	End: 30 / 04 / 24	End: 30 / 06 / 24	End: 15 / 07 / 24	
1st Category	US \$ 100	US \$ 110	US \$ 120	US \$ 150
2nd Category	US \$ 50	US \$ 55	US \$ 60	US \$ 75

KYORUGUI	EARLY REGISTRATION	REGULAR ENTRY	LATE REGISTRATION	ON SITE REGISTRATION
	Start: 10 / 03 / 24	Start: 01 / 05 / 24	Start: 01 / 07 / 24	At registration SITE only
	End: 30 / 04 / 24	End: 30 / 06 / 24	End: 15 / 07 / 24	
Per Event	US \$ 100	US \$ 110	US \$ 120	US \$ 150



## TECHNICAL COMMITTEE

COACH	Early Registration	Regular Entry	Late Registration	ON SITE REGISTRATI ON
	Start: 10 / 03 / 24	Start: 01 / 05 / 24	Start: 01 / 07 / 24	At registration SITE only
	End: 30 / 04 / 24	End: 30 / 06 / 24	End: 15 / 07 / 24	
	<b>US \$50</b>	<b>US \$55</b>	<b>US \$ 60</b>	<b>US \$ 100</b>

### 17. International Referees:

PATU will appoint the International Referees, including the PATU Chief Referee. The appointed international referees will participate by the following conditions:

- A International referees must pay for their own round-trip airfare.
- B The Organizing Committee will cover the living expenses of 4 nights' accommodation and food for the kyorugi and poomsae competition.

### 18. Technical Delegate and Competition Supervision Board (CSB)

WT/PATU will assign 1 (one) TD and up tp 3 (three) people for the Competition Supervision Board (CSB).

### 19. Technical meeting:

The Technical Meeting must be held 1 (one) day before the start of the competitions. \*See general schedule for details.

### 20. Electronic System:



UPTKD / DAE DO





## 21. INFORMATION & SERVICES:

### 1. Insurance:

- A The national taekwondo associations and/or teams must ensure that all officials and participants have effective travel insurance and medical coverage.
- B All participants must sign the liability waiver upon registration.

## 22. Accommodation:

Hotel can be booked by contacting : [booking.patu@gmail.com](mailto:booking.patu@gmail.com)

## 23. VISA information:

Visa recommendation letters will be generated by the Organizing Committee. The deadline to apply for a visa is April 30, 2024. Please email [events@panamericantaekwondounion.org](mailto:events@panamericantaekwondounion.org) with a copy of your valid passport and proof of registration for a visa invitation letter.



## EVENT SCHEDULE

(Subject to change)

DATE	TIME	EVENT	VENUE
WEDNESDAY JULY, 24 2024	9:00 - 18:00	REGISTRATION	HOLIDAY INN CENTRO HISTÓRICO
THURSDAY JULY 25, 2024	9:00 - 18:00	CREDENTIALS	
	15:00	REFEREE TRAINING	
	18:00	TECHNICAL MEETING	
FRIDAY JULY 26, 2024	8:00	POOMSAE COMPETITION JUNIOR KIDS CADET U22	CENTRO DE RAQUETA, PARQUE QUERÉTARO 2000.
	10:00 - 12:00	WEIGH IN KIDS OPEN ATHLETES	
	14:00 - 16:00	WEIGH IN PANAM SERIES U22 OPEN	
	18:00	AWARDS CEREMONY	
SATURDAY JULY 27, 2024	8:00	KYORUGUI COMPETITION KIDS OPEN & PANAM SERIES U22 OPEN	
	10:00 - 12:00	WEIGHT IN PANAMERICAN CADET ATHLETES	
	14:00 - 16:00	WEIGH IN PANAMERICAN JUNIOR ATHLETES	
	18:00	AWARDS CEREMONY	
SUNDAY JULY 28, 2024	8:00	PANAMERICAN COMPETITION KYORUGUI CADET & JUNIOR ATHLETES	
	18:00	AWARDS CEREMONY	



## LIABILITY WAIVER

I, the undersigned, release from all liability Pan-American Taekwondo Union and the Organizing Committee, its board members, directors, officers, members, employees, consultants, agents, attorneys, from and against any and all damages, injuries, penalties, fines, claims, demands, liabilities, costs, attorneys' fees, court costs and expenses of any kind and nature suffered by or asserted against the Indemnatee as a direct or indirect result of my participation in the PAN AMERICAN CHAMPIONSHIPS FOR CADET AND JUNIOR, QUERETARO, MEX, 2024 in the broadest sense of the word. By signing and submitting the form below, I accept and agree to the terms and conditions contained in this Indemnification, Release, and Consent Not to Sue.

I verify that by signing and submitting this form, I have read and agree to all of the terms and conditions proposed

Name: \_\_\_\_\_ Date: \_\_ / \_\_ /2024

Signature: \_\_\_\_\_

In the event that the person involved is a minor, the legal guardian must sign:

Name: \_\_\_\_\_ Date: \_\_ / \_\_ /2024

Relationship with the minor: \_\_\_\_\_

Signature: \_\_\_\_\_





**HOTEL GUIDE**  
**PAN AMERICAN CHAMPIONSHIPS KIDS, U22, JUNIOR & CADETS.**  
**1ST PANAMERICAN POOMSAE FREESTYLE WORKSHOP**  
**PATU COACHES SEMINAR**  
**JULY 2024.**  
**QUERETARO, QUERETARO, MEXICO.**



**HOTEL HOLIDAY INN CENTRO HISTORICO.**

Querétaro, Querétaro.

Av. 5 de Febrero 110, Niños Heroes, 76010 Santiago de Querétaro, Qro.



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# PAN AMERICAN CHAMPIONSHIPS KIDS, U22, JUNIOR & CADETS. 1ST PANAMERICAN POOMSAE FREESTYLE WORKSHOP PATU COACHES SEMINAR JULY 2024.

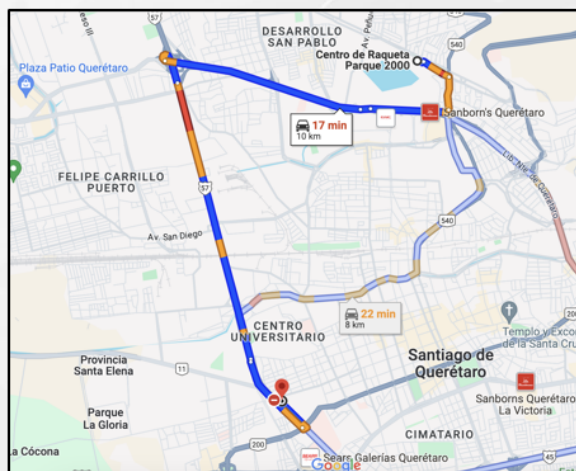
QUERETARO, QUERETARO, MEXICO.



### HOTEL HOLIDAY INN CENTRO HISTORICO.

Querétaro, Querétaro.

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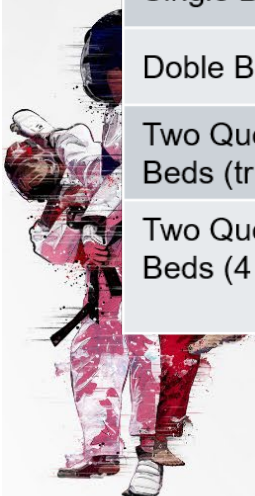
**VENUE** □□: Centro de Raqueta del Parque Querétaro 2000.

**DISTANCE** 🚗 : 17 y 22 minutes by car or bus

**AVAILABLE SERVICES** 🚗 : Uber, Didi & Taxi  
**BUS RENTAL** 🚌 : Contact:  
[booking.pat@gmail.com](mailto:booking.pat@gmail.com)

ROOM	FARE (USD)
Single Bed	\$ 100.00
Doble Bed	\$ 110.00
Two Queen Size Beds (triple)	\$ 120.00
Two Queen Size Beds (4 pax)	\$ 130.00

MEAL	FARE (USD)
Breakfast Buffet	\$ 25.00
Lunch Buffet	\$ 25.00
Dinner Buffet	\$ 25.00





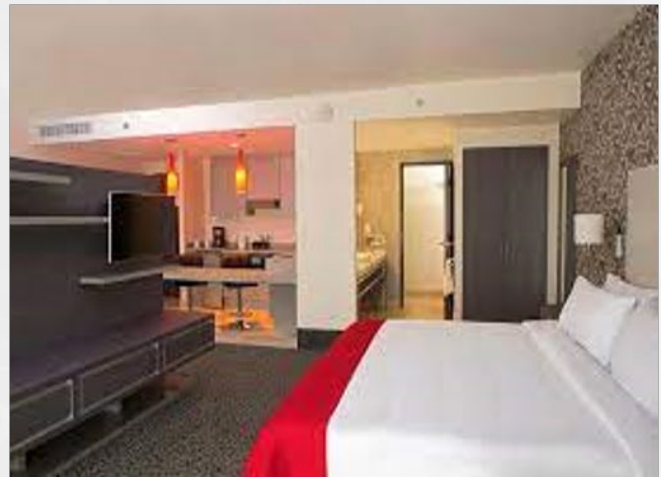
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JULY 2024.  
QUERETARO, QUERETARO, MEXICO.



**HOTEL HOLIDAY INN EXPRESS QUERETARO.**

Querétaro, Querétaro.

Av. 5 de Febrero 110 Bis, Niños Heroes, 76010  
Santiago de Querétaro, Qro.





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## PAN AMERICAN CHAMPIONSHIPS KIDS, U22, JUNIOR & CADETS. 1ST PANAMERICAN POOMSAE FREESTYLE WORKSHOP PATU COACHES SEMINAR

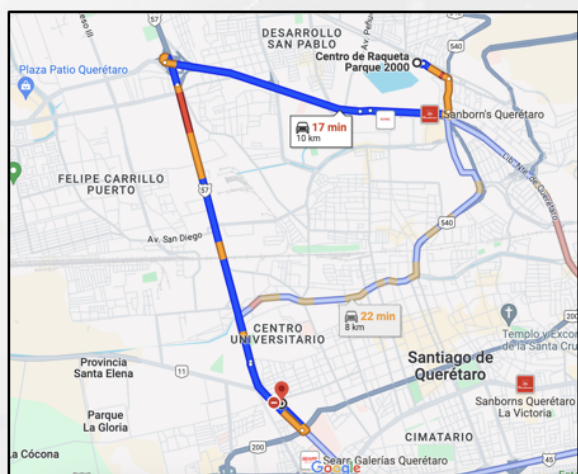
JULY 2024.  
QUERETARO, QUERETARO, MEXICO.



### HOTEL HOLIDAY INN EXPRESS QUERETARO.

Querétaro, Querétaro.

Av. 5 de Febrero 110 Bis, Niños Heroes, 76010  
Santiago de Querétaro, Qro.



**VENUE** □□: Centro de Raqueta del Parque Querétaro 2000.

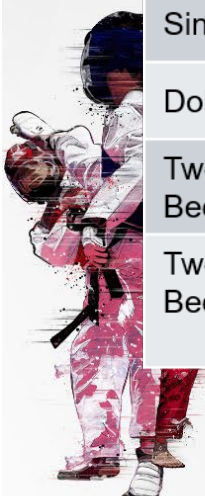
**DISTANCE** 🚗 : 17 y 22 minutes by car or bus

**AVAILABLE SERVICES** 🚗 : Uber, Didi & Taxi

**BUS RENTAL** 🚌 : Contact:  
[booking.patu@gmail.com](mailto:booking.patu@gmail.com)

ROOM	FARE (USD) PER NIGHT
Single Bed	\$ 110.00
Doble Bed	\$ 120.00
Two Queen Size Beds (triple)	\$ 130.00
Two Queen Size Beds (4 pax)	\$ 140.00

MEAL	FARE (USD)
Breakfast Buffet	Included
Lunch Buffet	-
Dinner Buffet	-



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JULY 2024.  
QUERETARO, QUERETARO, MEXICO.



**HOTEL PLAZA CAMELINAS.**

Querétaro, Querétaro.

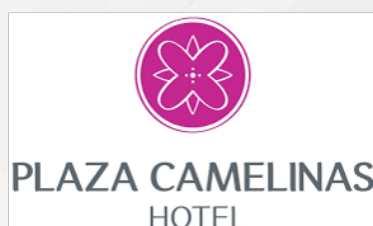
AV. Paseo 5 de Febrero No. 28 Col. La Capilla,  
Querétaro, Qro. México.





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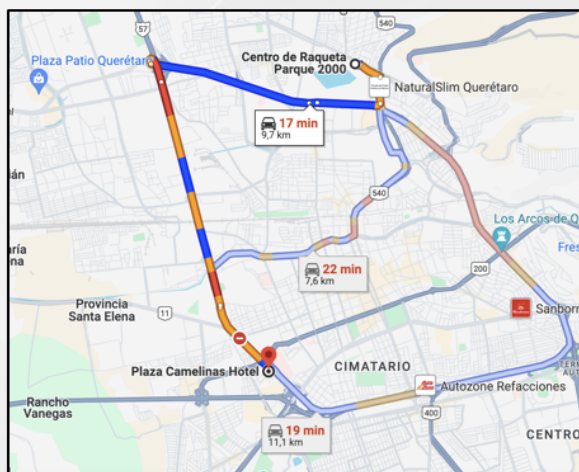
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Querétaro, Querétaro.

AV. Paseo 5 de Febrero No. 28 Col. La Capilla,  
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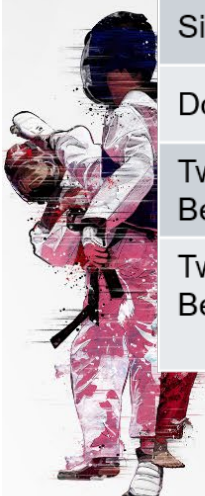
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**BUS RENTAL** 🚌 : Contact:  
[booking.patu@gmail.com](mailto:booking.patu@gmail.com)

ROOM	FARE (USD)
Single Bed	\$ 90.00
Doble Bed	\$ 100.00
Two Queen Size Beds (triple)	\$ 130.00
Two Queen Size Beds (4 pax)	\$ 145.00

MEAL	FARE (USD)
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Dinner Buffet	\$ 25.00





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**QUERETARO, QUERETARO, MEXICO.**



**HOTEL NH QUERETARO.**

Querétaro, Querétaro.

Av. 5 de Febrero #1303, CP 76138, Querétaro, México.



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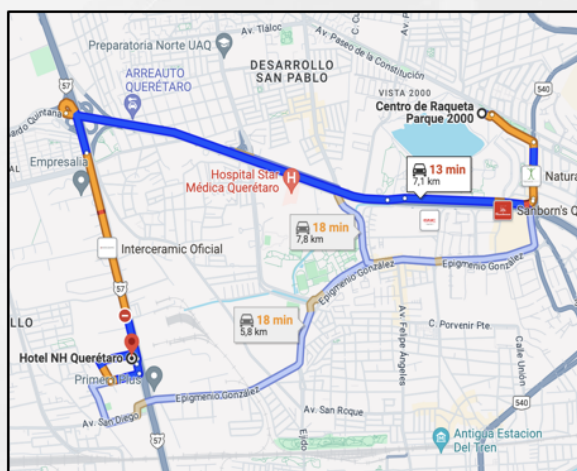
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ROOM	FARE USD
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Doble Bed	\$ 110.00
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Two Queen Size Beds (4 pax)	\$ 155.00

MEAL	FARE
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Dinner Buffet	-



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**CONTACT.**

✉ [booking.pat@gmail.com](mailto:booking.pat@gmail.com)

📞 +52 333 250 6292

