



**- GENERAL INFORMATION -**

**SANCTIONING**

**World Taekwondo**

10<sup>th</sup> Floor, Booyoung Taepyeong Building  
 55, Sejong-daero, Jung-gu, Seoul  
 Republic of Korea 04513

**Pan American Taekwondo Union**

General Guadalupe Victoria 214, Zona Centro, 20000  
 Aguascalientes, Mexico

**ORGANIZER**

**Taekwondo Canada**

2451 Riverside Drive  
 Ottawa, Ontario  
 Canada  
 K1H 7X7

**Contact:**

[events@taekwondo-canada.com](mailto:events@taekwondo-canada.com)

**VENUE & DATES**

**Canada Place**

100 The Pointe, 999 Canada Place  
 Vancouver, British Columbia  
 Canada  
 V6C 3T4

February 8, 2024

**- EVENTS -**

**POOMSAE - RECOGNIZED**

<b>MALE DIVISIONS</b> <i>(Individual)</i>	<b>FEMALE DIVISIONS</b> <i>(Individual)</i>	<b>PAIRS</b> <i>(1 male &amp; 1 female)</i>	<b>TEAMS</b> <i>(3 athletes of same sex)</i>
Cadet	Cadet	Cadet	Cadet Male Team
Junior	Junior	Junior	Cadet Female Team
U30	U30	U30	Junior Male Team
U40	U40	O30	Junior Female Team
U50	U50		U30 Male Team
U60	U60		U30 Female Team
U65	U65		O30 Male Team
O65	O65		O30 Female Team

- Designated Compulsory Poomsae for each division as outlined in the [World Taekwondo Poomsae Competition Rules & Interpretation](#)



## POOMSAE - FREESTYLE

MALE DIVISIONS (Individual)	FEMALE DIVISIONS (Individual)	PAIRS (1 male & 1 female)	TEAMS (5 members including a minimum of 2 males and 2 females)
U17	U17	U17	U17
O17	O17	O17	O17

- Music must be provided on a USB the morning on competition day
  - Music must not contain lyrics or any political, social, or religious contents that may harm, discriminate or offend others

## - CONTESTANTS -

### WORLD TAEKWONDO (WT) GLOBAL LICENSE

- A World Taekwondo Global Licence is required by all athletes, coaches and officials participating in Canada Open 2024. World Taekwondo Global License registrations & renewals can only be made through the WT recognized Member National Associations and applications should be made at least **2 months before the tournament starts** to ensure the WT Global License can be processed and approved in time. The WT Global License must be valid for 2024 or renewed to be used for 2024.
- The WT Global license is the responsibility of all participants (athletes, coaches and officials) participating at Canada Open 2024 and must be registered and approved through their respective WT Member National Association.
- \*\*There will be NO World Taekwondo Global Licenses registration onsite\*\*

### ATHLETE ELIGIBILITY

- Must have a Kukkiwon Dan or Poom certificate
- Must have a valid 2024 World Taekwondo Global License with event pass
- Must be a member of the team/club of a pertinent Member National Association (MNA), recognized by World Taekwondo
- Age Requirements:

POOMSAE - RECOGNIZED	POOMSAE - FREESTYLE
Cadet - Born in 2010-2012	U17 - Born 2007-2012
Junior - Born in 2007-2009	O17 - Born 2006 or earlier
U30 - Born 1994-2006	
U40 - Born 1984-1993	
U50 - Born 1974-1983	
U60 - Born 1964-1973	
U65 - Born 1959-1963	
O30 - Born 1993 and earlier	
O65 - Born 1958 or earlier	

All competitors must prove their age by presenting their passport or identification card at accreditation pick up

### COACH ELIGIBILITY

- Must be 18 years of age or older
- Must have a valid 2024 World Taekwondo Global License with event pass
- Must have a World Taekwondo Coach License Level I Coach Certification or the respective CU Coach License (granted by participation in a WT recognized CU Coach Seminar)



- Any coach that cannot provide proof of a WT coach certification will not be allowed to coach at this event

### Notes for Coaches

- For Access to the WT Level I Coach Certification course please visit:  
<https://worldtkd.simplycompete.com/courses?pageNumber=1&itemsPerPage=12&courseType=all&isArchived=false&isOffline=>
- If you are coaching both Kyorugi and Poomsae, you will only need to register as a Kyorugi coach

### Coach Dress Code and Regulations

- Athletic attire/team tracksuit or business attire
- Jeans and doboks are not permitted
- Closed footwear only; no heels or sandals
- No chewing gum or use of electronic devices, such as cell phones, PDA or video cameras
- Coaches perceived to be under the influence of alcohol/drugs will not be allowed in the competition area
- All coaches are required to wear a sport coat for the semi-final and final rounds
- Any type of cap/hat is not allowed

## - COMPETITION & RULES -

### POOMSAE COMPETITION

#### Competition Rules

- The latest published [World Taekwondo Poomsae Competition Rules & Interpretation](#) shall be applied
- Contestants may compete in a maximum of two events per WT Competition Rules (in recognized poomsae and/or freestyle poomsae)

#### Seeding

- World Taekwondo Poomsae World Ranking Bylaw will be applied
- Seeding will be done for Recognized Under 30, Recognized Under 40, and Over 17 Freestyle divisions
- All other poomsae divisions will not be seeded

#### Draws

- Poomsae Draws will be completed at the Technical Meeting and posted on the following platforms afterwards:
  - Website: [taekwondo-canada.com/events/canada-open](http://taekwondo-canada.com/events/canada-open)
  - Facebook: [facebook.com/Taekwondo.Canada](https://facebook.com/Taekwondo.Canada)

#### Technical Meeting

- The Technical Meeting will take place on February 7<sup>th</sup>, 2024 at the host hotel

#### Uniform & Equipment

- **Scoring System:** KPNP
- **Uniform:** Athletes are required to wear a World Taekwondo recognized poomsae uniform
- **Mats:** World Taekwondo recognized mats will be used for this event



## Awards

- Medals will be awarded to the top four athletes in each event
  - 1st Place: Gold Medal
  - 2nd Place: Silver Medal
  - 3rd Place: Bronze Medal
  - 3rd Place: Bronze Medal
- Best Male and Best Female Poomsae Team Coach
- Best Male and Best Female International Referee
- Best Male and Best Female athlete in the Senior Poomsae Division
- Full results will be posted on the [Taekwondo Canada website](#) after each day of competition

## - REGISTRATION -

### ONLINE REGISTRATION

- Event registration is only possible with a valid 2024 World Taekwondo Global License
- Registration must be completed online at [worldtkd.simplycompete.com](http://worldtkd.simplycompete.com)
- **Registrations onsite will not be accepted**
- Accreditations will be available for athletes and coaches
- Contestants may compete in a maximum of two events per WT Competition Rules (in recognized poomsae and/or freestyle poomsae)

### TIMELINES & FEES

\*All registration deadlines are in Pacific Time\*

	TIMELINE	ATHLETES	COACHES	CHANGES TO EVENT
<b>REGULAR REGISTRATION</b>	Before January 19, 2024	<b>\$150 USD</b> <i>Per individual for 1 event</i>	<b>\$100 USD</b>	Contact events@taekwondo-canada.com
<b>LATE REGISTRATION</b>	January 19, 2024 to January 26, 2024 at 5:00pm PST	<b>\$200 USD</b> <i>Per individual for 1 event</i> <b>\$250 USD</b> <i>Per individual for 2 event</i>	<b>\$100 USD</b>	Contact events@taekwondo-canada.com
<b>ONSITE</b>	<b><u>NO REGISTRATIONS WILL BE ACCEPTED ONSITE</u></b>			\$100 USD <i>for each change</i>

### PAYMENT

**\*ALL ENTRY FEES SHALL BE PAID IN ADVANCE TO TAEKWONDO CANADA THROUGH SIMPLY COMPLETE DURING REGISTRATION\***

**PAYMENT FOR REGISTRATION WILL NOT BE ACCEPTED ON SITE.**

- **Payments must be made IN FULL** prior to the respective deadline to secure the corresponding rate
- Fees for event changes after registration deadline shall be collected when picking up accreditations
- There will be **NO REFUNDS** for this event



- If a wire transfer needs to be done directly to Taekwondo Canada due to national policies of MNA, please refer to the following information:

Name on account:	Taekwondo Canada
Name of bank:	Bank of Montreal
Bank address:	250 Greenbank Road, Ottawa, Ontario, K2H 8X4
Account number:	4604-940
Transit number:	2999
Institution number:	001
Swift code:	BOFMCAT2XXX

**\*SUBMIT A COPY OF YOUR WIRE TRANSFER PAYMENT TO: [EVENTS@TAEKWONDO-CANADA.COM](mailto:EVENTS@TAEKWONDO-CANADA.COM)\***

## ACCESS TO COMPETITION AREA

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- Accreditation is mandatory to access the competition area or the warm-up area.
- By accepting and/or downloading, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo events
- Only athletes and their coaches will have admittance with valid accreditations to the contest areas

## ENTRY VISA INFORMATION

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- Individuals or delegations requiring an invitation letter are required to fill out the [Canada Open Invitation Request Form](#) online
  - The request form must be submitted before January 19th, 2024
  - Late applications will NOT be responded to
- For questions, please contact [events@taekwondo-canada.com](mailto:events@taekwondo-canada.com)

### Visa Information

- Participants are required to check Canada's entry visa application waiting times in their own countries and submit requests for recommendation letters through the online form if applicable
- The Organizing Committee cannot guarantee entry into Canada and can only offer assistance
- It is the responsibility of each participant to apply for and secure the correct entry visa for Canada if required
  - The visa application process should be started at least one week before the waiting time deadline in the participant's home country

## ACCREDITATION DOWNLOAD/PICK UP

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- Accreditations will be produced for all registered persons
- Starting February 7<sup>th</sup>, 2024 athletes will be able to download a digital accreditation using their WT Global License number
  - This digital accreditation must be kept with them at all times
- Coaches will receive a printed accreditation onsite and can pick it up at designated times and locations outlined below

### Location

**Canada Place**  
100 The Pointe, 999 Canada Place  
Vancouver, British Columbia  
Canada  
V6C 3T4

### Date and Time

February 7, 2023: 1:00pm to 4:00pm  
February 8, 2023: 8:30am to 3:30pm (at admission)  
February 9, 2023: 8:30am to 3:30pm (at admission)



**- MEDICAL CONTROL -**

**ANTI-DOPING**

- The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions
- Compulsory anti-doping tests will be carried out for selected medalists, while random tests will be conducted to the rest of the athletes
- The WT and/or WADA may carry out random out of competition testing prior to this event

**Therapeutic Use Exemption (TUE)**

- TUE Athletes who take any substance or medicine listed in the “Prohibited List” of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. If you do not have an ADAMS account yet, please contact [tue@ita.sport](mailto:tue@ita.sport) to have it set up.
- Otherwise, please download the TUE Application Form at [International Testing Agency - Therapeutic Use Exemption \(TUE\) Application Form - International Testing Agency \(ita.sport\)](#) and once duly completed and signed, send it together with the required medical file to [tue@ita.sport](mailto:tue@ita.sport) with copy to [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org) by at least 30 days before the first competition day. For more details, please see the following page of the WT website: [worldtaekwondo.org/anti\\_doping-wt/therapeutic.html](http://worldtaekwondo.org/anti_doping-wt/therapeutic.html)

**MOUTHGUARDS, TAPING & BRACING**

- World Taekwondo Mouth guard, Taping and Bracing rules will be applied and can be found on the [World Taekwondo Website](#)

**MEDICAL INSURANCE**

- It is mandatory for all participating athletes, coaches and team officials to have medical insurance that covers medical care and in case of emergency, repatriation to their home country
- All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs

**- ADMISSION -**

**SPECTATOR TICKETS**

February 8, 2024	February 9, 2024	February 10, 2024
\$20.00 CAD	\$20.00 CAD	\$20.00
\$50.00 CAD (event pass for all three (3) days of competition)		

- Wristbands will be given as a spectator’s pass and must be worn at all times
- Children aged 4 and under are free
- Payment for spectator tickets can be made onsite at the admission desk

**LIVESTREAM**

- Competition live stream can be accessed through the Taekwondo Canada YouTube Channel





## - MEDIA & PRESS -

### MEDIA ACCREDITATION

- Registered media and press officials or official photographers are entitled to receive a media and press accreditation card
  - For more information, contact Taekwondo Canada at [ed@taekwondo-canada.com](mailto:ed@taekwondo-canada.com)
- By accepting a media and press accreditation, the accredited person agrees to follow the instructions of Taekwondo Canada at all times

## - ACCOMMODATION & TRANSPORTATION -

### ACCOMMODATION

All accredited individuals participating at the event are strongly recommended to book their accommodations at the Host Hotel through the Organizing Committee using the information below:

#### Pan Pacific Hotel Vancouver

- Address:** Suite 300-999 Canada Place, Vancouver, British Columbia, V6C 3B5, Canada
- Website:** [panpacific.com/en/hotels-and-resorts/pp-vancouver.html](https://panpacific.com/en/hotels-and-resorts/pp-vancouver.html)
- Contact Information:**
  - Toll Free Numbers: 1-800-663-1515 (Canada) / 1-800-937-1515 (USA)
  - Email: [Reservations@PanPacificVancouver.com](mailto:Reservations@PanPacificVancouver.com)
  - Reservations Direct Phone: 604-662-3223
  - Reservations Direct Fax: 604-895-2469

**\*\* BOOK YOUR ROOMS BEFORE JANUARY 9<sup>TH</sup>, 2024 TO SECURE THE EVENT ROOM RATE \*\***

- Booking Link:** <https://book.passkey.com/go/taekwondo2024>
- Reservation ID:** TAEK0224 (Please quote to the Reservations Agent)
- Room Rate:** \$229.00 CAD

### TRANSPORTATION

- Transportation is the sole responsibility of participants

## - SAFE SPORT -

If you are a victim or witness of harassment, abuse or discrimination in sport, contact the free, anonymous and confidential Abuse-Free Sport Helpline to report and/or be referred to the appropriate resources:

- Call or text: 1-888-837-7678
- [info@abuse-free-sport.ca](mailto:info@abuse-free-sport.ca)

The Abuse-Free Sport Helpline is not a crisis line. For all urgent situations requiring immediate intervention, contact 911.





**- SCHEDULE -**

**EVENT SCHEDULE**

*\*Times and locations are subject to change\**

DATE	TIME (PST)	EVENT	LOCATION
February 7, 2024	1:00pm - 4:00pm	Accreditation Pick Up	Canada Place
	4:00pm	Technical Meeting for Poomsae and Kyorugi	Pan Pacific Hotel Vancouver
February 8, 2024	8:30am - 3:30pm	Accreditation Pick Up & Admission	Canada Place
	9:00am	Poomsae Competition	Canada Place
	10:00am - 12:00pm	General Weigh-In for Cadet and Junior Kyorugi divisions	Pan Pacific Hotel Vancouver
	9:00pm	Publication of Cadet and Junior Kyorugi draw sheets	
February 9, 2024	7:00am	Publication of Random Weigh-In for Cadet and Junior Kyorugi divisions	
	8:00am	Random Weigh-In for Cadet and Junior Kyorugi divisions	Canada Place
	8:30am - 3:30pm	Accreditation Pick Up & Admission	Canada Place
	9:00am	Cadet and Junior Kyorugi Competition	
	10:00am - 12:00am	General Weigh-In for Senior Kyorugi divisions	Pan Pacific Hotel Vancouver
	9:00pm	Publication of Senior Kyorugi draw sheets	
February 10, 2024	7:00am	Publication of Random Weigh-In for Senior Kyorugi divisions	
	8:00am	Random Weigh-In for Senior divisions	Canada Place
	8:30am - 3:30pm	Admission	Canada Place
	9:00am	Senior Kyorugi Competition	





**- MEDIA RELEASE -**

I hereby agree to be filmed, videotaped and photographed, and to have my name, image, picture, likeness, voice and biographical information otherwise recorded, in any media, by Taekwondo Canada (TC) and its official photographers and video crews, and by any other entity authorized by Taekwondo Canada (the "Footage"). I hereby grant Taekwondo Canada and its assigns the irrevocable, perpetual, fully paid up, worldwide right and license to use, and to authorize third parties to use, in all media, the Footage for: (1) news and information purposes, (2) promotion of me and the specific competition(s) in which I compete, (3) promotion of Taekwondo Canada Teams, and (4) promotion of Taekwondo Canada without the need to seek any further consent from me.

I acknowledge and agree that the programming in which the Footage is used, and the media through which the Footage is distributed, may contain advertising and sponsorships; provided that, in no event may Taekwondo Canada use or authorize the commercial use of the Footage in any manner that would imply my endorsement of any company, product, or service, without my written permission.

My permission will not be unreasonably withheld, delayed or conditioned provided that the proposed commercial association does not create sponsor conflicts for me. Taekwondo Canada shall have all right, title and interest in any and all results and proceeds from usage of the Footage.

