



KYORUGUI - POOMSAE

March 14 -17, 2024
Palacio de los Deportes
Heredia Costa Rica



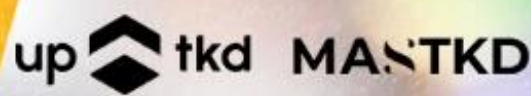
#TodosSomosPATU #WeAreAllPATU



COSTA RICA



PRESIDENT'S CUP



Dear Friends of Taekwondo Pan American,



We are pleased and honored to invite everyone to participate in the Presidents Cup 2024 to be held in March 2024 in Heredia, Costa Rica at Palacio de los Deportes, the stage location is specially chosen to hold our international event.

We will gladly welcome all MNAs Delegates, athletes, coaches, doctors, and other staff to the wonderful city of Heredia. We would like to welcome you, hoping that your participation will be the best possible and that the organization of the event will live up to your expectations. We always try to guarantee a high-quality competition for everyone, trying to bring a beautiful show to our athletes and spectators.

Mark our event on your calendar and make sure you don't miss this wonderful championship. Our team is working hard to make this event a success!

If you need help or have any questions, please don't hesitate to get in contact with us.

I look forward to seeing you here!

Best regards,

Wilmar Alvarado Castillo

President FCT



World Taekwondo (WT) President Dr. Chungwon Choue

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Website: www.worldtaekwondo.org

1. Promoted by:

Pan American Taekwondo Union

President: Lic. Juan Manuel López Delgado

Email: events@panamericantaekwondounion.org

Website: <https://www.patutkd.org>

2. Organization MNA:

Costa Rica Taekwondo Federation

Address: 200 metros Oeste de la fábrica de productos Jacks, frente al Ministerio de Salud, Pavas, San José, Costa Rica. Phone: +506 2220 1310

E-mail: eventstkdc@gmail.com

3. Date and Place:

March 14th -17th, 2024. Heredia, Costa Rica.

Venue: Palacio de los Deportes.

4. Requirements:

According to Article 4: Competitor Qualification of the WT Competition Rules, the competitor must:

Criteria 1: Hold of the nationality of the participating team

Criteria 2: Holder Black Belt Taekwondo Dan

Criteria 3: WT Global Athlete License (GAL) 2023 Criteria 4:

All coaches must have WT Level 1 certification. Criteria 4: All coaches must be 21 years old or above.

5. Coaches Dress Code:

Formal wear is mandatory for all coaches during semifinals and finals.

6. Affiliates:

Every participant must be a citizen of the country he/she is representing. There must be a letter of approval from the corresponding National Federation.



7. Official Uniforms:

All athletes must wear an approved by WT/Pan American Taekwondo Union (PATU) in good condition, Logos, Team Names, country, athletes name, will be allowed under WT uniform rules. Only uniforms approved by WT, PATU & FCT will be permitted.

8. Categories and ages:

Adult: over 17 years old (2007)

Junior: 15 -17 years old (2007 – 2009)

Cadet: 12 -14 years old (2010 – 2012)

9. Ranking:

World Ranking (Senior Poomsae).

Pan American Ranking P8

10. Competition Rules:

The latest update of the WT competition rules will be used.

11. Competition Method:

Simple cut and elimination system.

All Freestyle Music must be submitted before the technical congress.

12. Dispute Time:

Recognized Poomsae: Individual, Pair and Team up to 90 seconds.

Freestyle Poomsae: Individual, Doubles and Mixed Team competitions last from 90 to 100 seconds.

The interval between the 1st and 2nd Poomsae is at least 30 seconds.

13. Awards

INDIVIDUAL

AWARDS

1st Place

Gold Medal

2nd Place

Silver Medal

3rd Place

Bronze Medal

3rd Place

Bronze Medal

- Team awards will be given out to the top three (3) teams in each of the Men's and Women's (Kyorugi and Poomsae).
- Best Male and Best Female athlete in the Senior, Junior and cadet Kyorugi Division
- Best Male and Best Female athlete in the recognized and freestyle Poomsae. • Best Male and Female Kyorugi and Poomsae International Referees
- Best Male and Female Senior Kyorugi Coach.
- Digital Certificate for all participants.



14. WILDCARDS:

Infant, cadet & junior categories: The first and second place winners will have a direct pass to the Pan American Championship (Children, Cadet & Youth) to be held in July (venue to be designated).

15. Categories in dispute:

INDIVIDUAL	PAIR	TEAM
1 Male & 1 Female	1 Male & 1 Female	3 Males & 3 Females
Infant (2015&2016)	Infant (2015&2016)	Infant (2015&2016)
Infant (2013&2014)	Infant (2013&2014)	Infant (2013&2014)
Cadets (12-14 yrs)	Cadets (12-14 yrs)	Cadets (12-14 yrs)
Juniors (15-17 yrs)	Juniors (15-17 yrs)	Juniors (15-17 yrs)
Under 30 (18-30 yrs)	Under 30 (18-30 yrs)	Under 30 (18-30 yrs)
Under 40 (31-40 yrs)	Over 30 (31+ yrs)	Over 30 (31+ yrs)
Under 50 (41-50 yrs)		
Under 60 (51-60 yrs)		
Under 65 (61-65 yrs)		
Over 65 (66+ yrs)		

FS INDIVIDUAL	FS PAIR	FS MIXED TEAM
1 Male or 1 Female	1 Male & 1 Female	3 Males & 2 Females 2 Males & 3 Females
Under 17 (12-17 yrs)	Under 17 (12-17 yrs)	
Over 17 (18+ yrs)	Over 17 (18+ yrs)	18+ yrs

16. Conditions for participating teams:

Round-trip airfare, accommodation, meals and transportation expenses will be paid by the participant or their respective MNA. Accommodation at the official hotels is not mandatory, there will be no internal shuttle service.

17. WT Global License and Online Registration:

- WT Global License Registration. All athletes and team officials must first be registered with a WT Global Athlete License (GAL) OR Global Official License (GOL).
- Online registration in the WT. (Simply Compete)
- Registration is only possible with a valid WT Global License.



18. Technician Registration:

- WT Global License Registration. All athletes and team officials must first be registered with a WT Global Athlete License (GAL) OR Global Official License (GOL). • WT Online Registration (Simply Compete)
- All coaches must be at least 18 years old.
- All coaches must have WT Coach Level 1.

19. Registration Fees:

The OC must collect registration fees in **US dollars (cash only)** at the Registration Hall according to the competition schedule, no other type of payment will be accepted. Registered athletes and coaches will not be able to participate in the competition without payment. The OC has a NO REFUND policy under any circumstances. Registration will take place at the Best Western Irazú Headquarters Hotel according to the event schedule.

Athletes:

POOMSAE	Early Registration	Regular Entry	Late Registration	ON SITE REGISTRATION
	Start: 01/01/24 End: 01/31/24	Start: 02/01/24 End: 02/24/24	Start: 02/25/24 End: 03/11/24	At registration room only
First Event	US \$ 150	US \$ 175	US \$ 200	US \$ 225
Second Event	US +\$50	US +\$50	US +\$50	US +\$50

Technical Commission:

COACH	Early Registration	Regular Entry	Late registration	ON SITE REGISTRATION
	Start: 01/01/24 End: 01/31/24	Start: 02/01/24 End: 02/24/24	Start: 02/25/24 End: 03/11/24	At registration room only
	US \$50	US \$75	US \$ 100	US \$ 150

20. NO SHOW POLICY:

Athletes who do not show up for the registration and have not previously notified that they will not participate in the event before the early registration deadline, must pay their registration fee. Only cancellations with a medical certificate will be accepted after this date, if there is no legal medical documentation, the corresponding payment must be made by deadline February 25th, 2024.



21. International Referees:

The PATU will appoint a total of 30 International Referees, including the PATU Referee Chairman. The appointed international referees shall officiate at the President's Cup 2024; the following conditions shall apply:

- a) International Referees are required to pay for their own round-trip airfares.
- b) The Organizing Committee will cover the expenses of 5 nights' accommodation and board for the kyorugui and poomsae competition. Check-in: 13/03/2024 - Check-out: 17/03/2024.
- c) The Organizing Committee will pay a per diem of US\$ 150 to the International Referees selected for the competition and training period (total 4 days; US\$ 600 per referee, training day and competition).

22. Technical Delegate and Competition Supervisory Board (CSB):

The WT/PATU will appoint 1 (one) Technical Delegate and up to 5 (five) members of the Competition Supervisory Board (CSB).

23. Head of Team Meeting (Technical Congress):

The head of team meeting shall be conducted one (1) day prior to the start of the activities of each competition mode. See the general schedule for more details.

24. PSS System: Taekwondosoft (UPTKD)

INFORMATION & SERVICES:

25. Insurance:

- a) The respective national taekwondo associations and/or teams must ensure that all officials and participants have effective medical and travel insurance coverage.
- b) All participants must sign the term of responsibility waiver upon registration.

26. Accommodations:

Check accommodation guide available on WT's Simply Compete.



27. Transportation:

The OC will provide ground transportation only to those staying at the host hotels through the Accommodation Guideline contacts found on WT's simplycompete website. Transportation will be: airport – hotel – competition – hotel – airport, according to the schedules provided by the OC. Local transportation between Juan Santamaría International Airport (SJO) and the Official Hotel will be provided only to those who reserve and pay for their accommodation through the Host Hotel Manager (Reservations through: Booking, Expedia, Trivago, and others will not be allowed have the benefit of ground transportation) and provide their complete travel itineraries along with the names of users who need this benefit.

28. Visa information:

Visa recommendation letters will be generated by the Organizing Committee. The deadline for visa application is September 6, 2023. Please email eventstkdc@gmail.com with a copy of your valid passport and proof of registration to obtain a visa invitation letter.

29. Medical Service:

The OC will provide doctors only in case of emergency when a participant is injured. Participants will be responsible for all expenses incurred due to injuries and/or hospitalization. The OC recommends that the participants have their medical insurance and have all documents handy.



SCHEDULE OF THE EVENT (SUBJECT TO CHANGE):

DATE	TIME	EVENT	PLACE
MARCH 12th	7:00 - 19:00	Accreditation	BEST WESTERN IRAZU
MARCH 13th	7:00 - 19:00	Accreditation	
	16:00	Referee Training	
	18:00	Technical Meeting	
MARCH 14th	7:00 - 18:00	Accreditation	PALACIO DE LOS DEPORTES HEREDIA
	08:00	POOMSAE COMPETITION	
	18:00	AWARD CEREMONY	
MARCH 17 th	07:00	COLOR BELTS FESTIVAL	



STATEMENT OF RESPONSIBILITY

I, the undersigned, certify that I will indemnify, hold harmless and release Panamerican Taekwondo and the Organizing Committee, its board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including, without limitation, sponsors, suppliers, licensees and other representatives (each, an "Indemnatee" and collectively, an "Indemnatee"), from and against any and all damages, injuries, penalties, fines, claims, demands, liabilities, costs, attorneys' fees, court costs and expenses of every kind and nature incurred or claimed against the Indemnified Party as a direct or indirect result of participating at Presidents Cup having place in march 14th -17th, 2024 in the broadest sense of the word By signing and sending the following form, I accept and agree with the terms and agreements contained in this Indemnity, Waiver, Waiver and Consent Not to Process I confirm that by signing and submitting this form, I have read and agree to all the terms and conditions provided above.

Name: _____ Date: __/____/2024

Signature: _____

If the person involved is a minor, the legal guardian must sign

Name: _____ Date: __/____/2024

Relationship with the minor: _____

Signature: _____

