



March
3-4, 2022



2022 PAN AMERICAN

ONLINE

POOMSAE

CHAMPIONSHIPS

G2 WT Ranking for official categories



WELCOME

This outline is designed to be used as a guideline for the coaches and athletes for the 2022 Pan American Online Poomsae Championships. You will find information regarding the general competition (schedule, participation categories, platform) as well as the technical requirements for participation (Hardware, Software, Internet, etc.).

The performances are to be executed from the athlete's location (taekwondo school, house or preferred stage), ensuring an optimal environment for their digital visualization.

This tournament will be streamed in real time through PATU YouTube and MasTKD. Information regarding registration, competition rules and format can be found within this packet. For general questions from coaches or athletes, please contact us by the following support email address:

upload@vaztic.com

In addition, please whitelist the above email address, and periodically check the spam or junk mail folder to ensure that no communication is missed:

Please note all email communication will be sent to the email listed on the Simply Compete registration data.

**This tournament
is for PATU
athletes ONLY**

**2022 PAN AMERICAN
ONLINE
POOMSAE
CHAMPIONSHIPS**

TABLE OF CONTENTS

INTRODUCTION LETTER.....	2
TABLE OF CONTENTS.....	3
SCHEDULE OF EVENTS.....	4
REGISTRATION.....	5
DOBOK REQUIRMENTS.....	6
COMPETITION METHOD & DESIGNATED POOMSAE.....	7-8
ELIGIBLE PARTICIPANTS.....	9
RECORDING REQUIREMENTS.....	10-11
ONLINE POOMSAE RULES.....	12
FREESTYLE GUIDELINES.....	13

**2022 PAN AMERICAN
ONLINE
POOMSAE
CHAMPIONSHIPS**

SCHEDULE OF EVENTS

SUNDAY, FEBRUARY 20, 2022

TIME	EVENT
8:00 PM EST	<p>HEAD OF TEAM MEETING & POOMSAE DRAW:</p> <ul style="list-style-type: none">● Organizing Committee and Referee Chairman will go over all the rules and procedures for this event.● Q&A session for coaches.● Demo on how to upload videos● Zoom link:<ul style="list-style-type: none">- WILL BE SENT TO ALL REGISTERED ATHLETES AND COACHES- Meeting will be broadcast on YouTube and MasTKD <p>Schedule will be published on Vaztic and PATU website February 21, 2022 – 20:00hrs EST</p>

**2022 PAN AMERICAN
ONLINE
POOMSAE
CHAMPIONSHIPS**

REGISTRATION

All registration for all athletes must be done online through the WT GMS system:

worldtkd.simplycompete.com

- Competitors must hold a GAL & passport or birth certificate of the country they will represent.

REGISTRATION FEES & EARLY/LATE REGISTRATION:

	Early Registration End Date	Early Registration Fee (1 st Event)	Late Registration Date	Late Registration Fee (1 st Event)	Each Additional Event (early/late)
RECOGNIZED INDIVIDUAL & PAIR POOMSAE, INDIVIDUAL & PAIR FREESTYLE	2/15	\$50	2/19	\$100	\$25
RECOGNIZED TEAM POOMSAE, TEAM FREESTYLE	2/15	\$75	2/19	\$100	

REGISTRATIONS FEES ARE IN U.S. DOLLARS, NON-REFUNDABLE with NO EXCEPTIONS

DEADLINE:

All athletes must register by **SATURDAY, FEBRUARY 19, 2022 (23:59 EST)** to compete in this event.

PLEASE NOTE THAT ATHLETES' MAY ONLY COMPETE IN A MAXIMUM OF 2 DIVISIONS (THIS INCLUDES RECOGNIZED POOMSAE DIVISIONS AND TEAMS)

**2022 PAN AMERICAN
ONLINE
POOMSAE
CHAMPIONSHIPS**

DOBOK REQUIEMENTS

WT POOMSAE GUIDELINES WILL BE FOLLOWED

Cadet Division (Ages 12-14): White top with red and black collar, plus blue pants for males and red pants for females.

- **Must wear a poom belt (red/black) - Solid black belt not allowed.**



Junior & Senior Divisions (Ages 15-50): White top with dark blue pants for males and light blue pants for females.



Master Divisions (Ages 51 & up): Yellow top and dark blue pants for both males and females.



Anything not following the WT guideline will result in a **0.6 deduction** from the final score.

**2022 PAN AMERICAN
ONLINE
POOMSAE
CHAMPIONSHIPS**

COMPETITION METHOD & DESIGNATED POOMSAE

COMPETITION METHOD:

- **All divisions will be using Cut Off format.**
 - Athletes will perform 1 poomsae for the Preliminary (20+)
 - Athletes will perform 2 poomsae in the Semi (9-19) and Final Round (1-8)

DESIGNATED POOMSAE AND ORDER OF COMPETITION:

- Will be drawn live on FEBRUARY 20, 2022, at head of team meeting.

AWARDS:

- The top 4 athletes of each division (1st, 2nd, 3rd, 3rd) will receive a digital award certificate
- This certificate will be sent by email
- Best Female and Male athlete
- Best Female and Male Referee
- Best Female and Male Coach

Video Upload Period:

February 21, 2022 at 00:01 EST to February 28, 2022 23:59 EST

**2022 PAN AMERICAN
ONLINE
POOMSAE
CHAMPIONSHIPS**

POOMSAE DIVISIONS

Organizing committee has the right to change, modify and make official decisions without prior notices.

Individual Divisions	Compulsory Poomsae
CADET 12 Years to 14 Years	Taeguek 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
JUNIOR 15 Years to 17 Years	Taeguek 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
UNDER 30 18 Years to 30 Years (G2)	Taeguek 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
UNDER 40 31 Years to 40 Years (G2)	Taeguek 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
UNDER 50 41 Years to 50 Years	Taeguek 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
UNDER 60 51 Years to 60 Years	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
UNDER 65 61 Years to 65 Years	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
OVER 65 66+ Years Old	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Pair Divisions (Co-ed)	Compulsory Poomsae
CADET PAIR 12 Years to 14 Years	Taeguek 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
JUNIOR PAIR 15 Years to 17 Years	Taeguek 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
UNDER 30 PAIR 18 Years to 30 Years	Taeguek 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
OVER 30 PAIR 31+ Years Old	Taeguek 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Team Divisions	Compulsory Poomsae
CADET TEAM 12 Years to 14 Years	Taeguek 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
JUNIOR TEAM 15 Years to 17 Years	Taeguek 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
UNDER 30 TEAM 18 Years to 30 Years	Taeguek 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
OVER 30 TEAM 31+ Years Old	Taeguek 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

ONLINE

POOMSAE

CHAMPIONSHIPS

ELIGIBLE PARTICIPANTS

All PATU National Team Members

RECORDING REQUIREMENTS

- The performances may be video recorded indoors or outdoors. Please ensure you follow the instructions of your local and national health authorities with regard to physical distancing and outdoor excursions.
- The athlete's entire body must be in frame during the video recording at all times. Any time a portion of the athlete's body leaves the frame will result in a deduction. Please refer to the scoring rules for details.
- Videos must be submitted in their raw format. **No editing permitted. Do not include any annotations such as athlete's name and/or NOC in the video.**
- No music except for Free Style Divisions. Music to be used in Free Style performance must be without lyrics.
- The video recording must be done with the athlete facing the camera when in the start position. The camera must be stationary but may be rotated left & right from its starting point. Zooming in and out during performance is not permitted.

2022 PAN AMERICAN

ONLINE

POOMSAE

CHAMPIONSHIPS

Note: Freestyle recordings may rotate the camera further if needed to keep the athlete in frame.

- Video recording submissions must be of sufficient quality to enable referees to effectively judge all movements. It is recommended that you use the following recording details for best results:

- Resolution: 1080p minimum
- Frame Rate: 60fps minimum
- Orientation: Horizontal (Landscape)

- **If your video is not clear enough for the referees, this may affect your overall score.**

- Only IOC recognized flags are permitted to be displayed. Religious or political displays are NOT permitted.

- After the Head of Team meeting. The online systems company - Vaztic will email all competitors a unique link to submit their videos for the competition. This link will open a page showing the athlete's name, NOC (National Olympic Committee), and division. The page will contain one submission box for each required video and will be labeled with the round and the poomsae required for the video. Please be sure to upload the correct poomsae in the correct order. The page will display a confirmation message after each successfully uploaded video.

- All commands are encouraged (but not mandatory) to be given and audible on the video.

- Chool-Jeon
- Cha-ryeot
- Cha-ryeot
- Kyeong Rye
- Kyeong Rye
- Tuae-jahng
- Joon-bi
- Shi-jak
- Ba-ro
- She-uh

2022 PAN AMERICAN

ONLINE

POOMSAE

CHAMPIONSHIPS

ONLINE POOMSAE RULES

- Video editing of any sort will result in disqualification.
- If an incorrect uniform is worn for the division, this will result in a 0.6 deduction from the final score.
- **Athletes cannot perform the freestyle poomsae division on spring loaded floors/mats. Using spring loaded floors/mats in the freestyle divisions will result in disqualification.**
- Shoes being worn during the competition will result in **disqualification**.
- Socks, jewelry, taping or bracing will result in a **0.6 point** deduction.
- If any part of the athlete's body is cut-off by the video frame a **0.3 point** deduction will apply for each Poom movement. If the whole body is cut-off by the video frame a **0.6 point** deduction will apply for each Poom movement.
- If there is any interference (moving person, animal, etc.) on the field of play, there will be a **0.3 point** deduction.
- Videos labeled wrong or uploaded in the incorrect order will result in the referees awarding **0.0 Accuracy and 1.5 Presentation** for each incorrect poomsae.
- Videos containing political, social, or religious propaganda will result in **disqualification**.
- Videos containing profanity or indecent images, or gestures will result in **disqualification**.

2022 PAN AMERICAN

ONLINE

POOMSAE

CHAMPIONSHIPS

- Athletes who submit videos after the submission deadline will be **disqualified**.
- Contestants who submitted videos used in other competitions will be **disqualified**.
- Non-Freestyle videos containing music shall result in a **0.6 point** deduction.

FREESTYLE GUIDELINES

COMPETITION METHOD:

- **Divisions:**
 - **Individual - Male & Female**
 - Ages 12-17 and 18 Years & Over
 - **Pair (One Female/One Male)**
 - Ages 12-17 and 18 Years & Over
 - **Team (mixed)**
 - Ages 12 & above
 - 5 (3 male/2 female or 3 female/2 male)

All competitors will compete in 1 final round no matter how many competitors in a division

VIDEO UPLOAD PERIOD:

February 21, 2022, at 00:01 EST to February 28, 2022 23:59 EST

Performance Duration Time:

90 to 100 seconds

**PLEASE NOTE THAT ATHLETES
MAY ONLY COMPETE IN A
MAXIMUM OF 2 DIVISIONS (THIS
INCLUDES RECOGNIZED POOMSAE
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**2022 PAN AMERICAN
ONLINE
POOMSAE
CHAMPIONSHIPS**